

# WATER FITNESS

Winter 2021

Monday	Tuesday	Wednesday	Thursday	Friday
WATER FITNESS 9:00-9:45 a.m. LAP POOL	WATER FITNESS 9:00-9:45 a.m. LAP POOL	WATER FITNESS 9:00-9:45 a.m. LAP POOL	WATER FITNESS 9:00-9:45 a.m. LAP POOL	WATER FITNESS 9:00-9:45 a.m. LAP POOL
WATER FITNESS 10:40-11:30 a.m. LAP POOL		WATER FITNESS 10:40-11:30 a.m. LAP POOL		WATER FITNESS 10:40-11:30 a.m. LAP POOL
	AQUA BOOTCAMP 7:00-7:45 p.m. LAP POOL		AQUA BOOTCAMP 7:00-7:45 p.m. LAP POOL	

**Members must register for their spot in class on the MINDBODY App.  
Space is limited.**

Effective January-February 2021

Updated 1/28/21