

# DAVIS LAP POOL

## SPRING

Effective: April 5th-May 31st

	MON	TUE	WED	THU	FRI	SAT	SUN
5:00	LAP SWIM & INDIVIDUAL EXERCISE 5:15 am - 9:00 am	LAP SWIM & INDIVIDUAL EXERCISE 5:15 am - 9:00 am	LAP SWIM & INDIVIDUAL EXERCISE 5:15 am - 9:00 am	LAP SWIM & INDIVIDUAL EXERCISE 5:15 am - 9:00 am	LAP SWIM & INDIVIDUAL EXERCISE 5:15 am - 9:00 am	LAP SWIM & INDIVIDUAL EXERCISE 7:00 am - 9:00 am	
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00	WATER FITNESS 9:00-9:45 am	WATER FITNESS 9:00-9:45 am	WATER FITNESS 9:00-9:45 am	WATER FITNESS 9:00-9:45 am	WATER FITNESS 9:00-9:45 am	CLOSED FOR SWIM LESSONS 9:00 am - 12:00 pm	
9:30	LAP LANE	LAP LANE	LAP LANE	LAP LANE	LAP LANE		
10:00	LAP SWIM 10:00-10:40 am	LAP SWIM 10:00-10:40 am	LAP SWIM 10:00-10:40 am	LAP SWIM 10:00-10:40 am	LAP SWIM 10:00-10:40 am		
10:30	LAP LANE	LAP LANE	LAP LANE	LAP LANE	LAP LANE		
11:00	WATER FITNESS 10:40-11:30 am	HINGES WITH TWINGES 10:40-11:30 am	WATER FITNESS 10:40-11:30 am	HINGES WITH TWINGES 10:40-11:30 am	WATER FITNESS 10:40-11:30 am		
11:30	LAP/OPEN SWIM 11:30 am - 5:00 pm	LAP/OPEN SWIM 11:30 am - 2:00 pm	LAP/OPEN SWIM 11:30 am - 5:00 pm	LAP/OPEN SWIM 11:30 am - 5:00 pm	LAP/OPEN SWIM 11:30 am - 5:00 pm	LAP/OPEN SWIM 11:00 am - 6:00 pm	LAP/OPEN SWIM 12:30 pm - 6:00 pm
12:00							
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30	LAP/OPEN SWIM 5:00 pm - 9:00 pm	GYM & SWIM 2:00-3:00 pm	LAP/OPEN SWIM 5:00 pm - 9:00 pm	LAP/OPEN SWIM 5:00 pm - 9:00 pm	LAP/OPEN SWIM 5:00 pm - 9:00 pm	LAP/OPEN SWIM 5:00 pm - 9:00 pm	
4:00							
4:30							
5:00							
5:30							
6:00							
6:30							
7:00							
7:30	LAP/OPEN SWIM 5:00 pm - 9:00 pm	LAP/OPEN SWIM 8:15-9:00 pm	LAP/OPEN SWIM 5:00 pm - 9:00 pm	LAP/OPEN SWIM 5:00 pm - 9:00 pm	LAP/OPEN SWIM 5:00 pm - 9:00 pm	LAP/OPEN SWIM 5:00 pm - 9:00 pm	
8:00							
8:30							
9:00							

Members can reserve a time for a lap lane through Mywellness App.

2 Lap Lanes will be available for reservation during Lap/Open Swims. Open lanes for lap swimming may be available and are first come first serve. Members can swim two to a lane. Must start, stop and end at the opposite end of the pool.

Members must wear a mask on the pool deck before entering and after exiting the pool.

Updated 4/2/21