



**32 YEARS COMMITTED
TO COMMUNITY
HEALTH AND WELLNESS**

Unity Within Community!

Youngtown Meltdown
Designated Weigh-In Times
YMCA of Youngstown



**Youngstown Area
Community Cup**

Monday	No weigh-ins
Tuesday	8:00 am to 1:00 pm
Wednesday	8:00 am to 1:00 pm
Thursday	12:00 pm to 6:00 pm
Friday	8:00 am to 1:00 pm
Saturday	No weigh-ins

Please note the following dates:

- *The first week of weigh-ins will be the week of June 5.
- *The YMCA and Community Cup office is closed on July 4.
- *The last week of weigh-ins will be the week of August 21.
- *The last day for weigh-ins will be Saturday, August 26.



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