



# Captain's Clips

## The only publication written for Community Cup Captains

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Volume XXXII

Issue 2

The 2023 Community Cup will be here before you know it! The sweating, grunting, huffing and puffing is well underway. As your team continues to train, please take a look at the following deadlines and updates.

### **Monday, July 31 Deadlines**

**Waivers:** Thanks to the Captains who have done a great job of getting their teammates to fill out and turn in their waivers. If you have not done so already, please turn them into the Cup office. Feel free to turn them in as you get them...a lot of teams do that. Don't forget that anyone who has turned in a waiver is eligible to act as a volunteer. As long as a team member has filled out and signed a waiver form, they can be a volunteer the day of an event.

**Event Rosters:** The event roster form was sent to you in June with the Captains Clips. When filling out the roster, please indicate the events in which your team intends to participate. Be sure to include additional single event teams so they may be included in the event schedule. Single event teams may be added until Monday, July 31.

**Tent Requests:** The Cup office will be handling the tent requests. A flyer with all the details is included with this newsletter. Tent locations will be announced with the wave assignments at the end of August.

**Volunteer Rosters:** The volunteer rosters and a brief description of all volunteers' duties are also attached to this newsletter. These rosters are used as guide to see the volunteers we will have for each event. Don't forget that anyone who has turned in a waiver is eligible to act as a volunteer even if their name is not listed on this roster. As long as a team member has filled out and signed a waiver form, they can be a volunteer the day of an event. Please remind volunteers that check-in is available 1 hour prior to the start of the event. They must check in at least ½ hour before the start of the event to receive points.

### **Wednesday, August 9 Deadline**

**Time Predictions:** Be sure to properly calculate your times. Remember it is every participants time walking all added up, not just one person's time. The total time calculated should be in the hours.

Due to the maps not being out for the course just yet, exceptions will be made to the due date. The walk will be on flat land on pavement if that helps.

### **Clinics**

**Tug-O-War:** Tug Meister, Al Leonhart, will demonstrate proper tugging techniques and equipment to prepare your team for this fun event. The tug-o-war clinic will take place on Thursday August 24 at 6pm at Bears Den Meadow in Mill Creek Park. There is a rain date of Thursday, August 31 at 6pm.

**Volleyball:** Call into the Cup office to schedule your team practice with Julie or one of our volleyball gurus. All clinics will be held at the Central YMCA. Come dressed ready to play.

**Time Prediction Walk:** Call into the Cup office to schedule your team practice with Julie. All clinics will be held at Wean Park, Downtown Youngstown. A practice will depend on concert dates there for availability.

**10K Relay:** Call into the Cup office to schedule your team practice with Julie or one of our runner gurus. All clinics will be held at Wean Park, Downtown Youngstown. A practice will depend on concert dates there for availability.

### **Volleyball Practices**

Just a reminder, the courts are open and ready to be reserved for your team to practice. Please, call the Cup office to make your team's court reservation. We do ask that team captains call in on a weekly basis to reserve the court so that all teams have the same advantage.

## **Kick-Off Weekend**

On **Friday, August 11** the Community Cup will start with the Torch Lighting and Kick-Off Ceremony at the Central YMCA. Immediately following will be the Banner Competition. The Banner Competition will last one hour, ending around 7 pm. After 7 pm the banners will be judged and the Community Choice voting will take place. After the voting, teams can leave their banner with Julie or take it with them. If a team decides to take the banner with them, please return it to the Cup office by Monday, August 21. The banners will be hung at the Central YMCA for the Preliminary Events of the Cup, August 25, 26, and 27. After Friday, September 1, the banners will be at the front desk at the Central YMCA to be picked up by the teams. Teams will be able to use their banners at their tents in September. All of the banners that are not picked up prior to September 9, will be at the YMCA tent for teams to pick up.

Following the Banner Competition will be the Pep Rally/Cheer Competition. This event will also be held in the Community Gym of the Central YMCA.

On **Saturday, August 12** the Bocce Tournament will take place at Cassese's MVR in Youngstown. The MVR will be hosting the event for us with a bar and full menu available to Cup participants just in case you get the munchies. All teams will start at the same time this year, 9:00 am.

Also on **Saturday, August 12** will be the Kickball Tournament will take place. The event will begin at 12:00 am at Harrison Common, the field across from the MVR. Teams will play based on a blind draw with single elimination, so once your team loses, you are done. We have received a few calls in regards to both Bocce and Kickball being held at similar times on the same day. In order to avoid any conflicts for your team, it is probably best to try to have different employees participate in each event. We know for some that may be a little more difficult. We have tried our best to alter the times of both events so that all teams can participate.

## **Awards & Festivities**

The Awards Ceremony will be held on Saturday, September 9 after the tug finals at the tug field. Be sure your team makes plans to stick around. The ceremony will most likely conclude by 4pm. In addition to the "Most Spirited Team Award", the Awards & Festivities judges will bestow the "Best Tent Award" during the Awards Ceremony. Committee members will take an informal survey to see which tent has the best food, atmosphere, enthusiasm and amenities (how about free company give aways, mascots, photo booth??).

## **Company Mascots**

If your team/company has a mascot or knows of one that is from any company or organization, then please feel free to bring them to the events on Saturday, September 9 at Wean Park from 12pm to around 4pm. There are always families there with their children and friends. What a great way to have fun at the Cup!

## **Structure for 2023**

As we take part in another transitional year, returning to the Cup, instead of having the Red, White and Blue Divisions this year, all teams will compete against each other. Based on the results, new Divisions will be formed, possibly, for next year. With feedback from companies, that they have many new employees who are eager to participate in the Cup for the first time, we thought this would be another great opportunity for a reset. The schedule has already been in place on the schedule since the beginning.

## **New in 2023; Community Cup Guest Pass Card**

We are happy to announce a new YMCA Guest Pass Card for Community Cup 2023!

\*All who plan on participating in Community Cup 2023 can come into the Central YMCA and receive a Guest Pass Card, good for five guest visits to our downtown location, 17 N. Champion Street Youngstown, OH 44503, good through 9/9/23.

\*To pick up the card, have your photo ID and proof that you work for the company you are representing in the Cup. (Examples: pay stub, ID card)

\*If you have a spouse who is participating in the Cup but does not work for that company, come in together to get your cards. Your spouse will also need their photo ID.

\*You may only use the Guest Pass at the Central YMCA location.

\*Team practice times for basketball and volleyball do not count toward your five visits. You will still need to call and reserve a court through the Community Cup office for those.

\*Once you have made five visits with your card, you will be entered into a drawing for a bag of great Y swag. Drawing will be held at the Community Cup Finale on 9/9/23.

\*Concluding the September Community Cup events, there will be special offers for YMCA membership for anyone that participated in the Community Cup.

## **Teams**

The Teams for the 2023 Community Cup are as follows:

Bodine Perry  
Children Services Board (CSB)  
Cohen & Company  
Eastern Gateway Community College  
H D Davis CPA's  
\*Hill Barth and King\* (HBK)  
Mahoning County Board of Developmental Disabilities (MCBDD)  
Mahoning County Deputies 141  
Mahoning County JJC  
Ohio Utilities Protection Service (OUPS)  
One Health Ohio  
Packer Thomas  
Premier Bank  
YMCA of Youngstown  
Youth Intensive Services (YIS)  
Zidian Group

\* denotes partial team

## **Youngstown Meltdown**

The 14 teams that are in the Youngstown Meltdown have lost an incredible 322.8 pounds total as of week #5 Wow! Very impressive! There are 7 weeks left in the competition and anything can still happen. Way to go teams!

## **Golf Update**

This year the Golf Scramble will be at the Henry Stambaugh Golf Course. Each team will play 9 holes. The updated rules are attached. As always all greens fees will be paid for by the Community Cup, as well as the golf cart this year due to the golf course combining them. There is alcohol to buy at the course but no outside alcohol is permitted. There will be the three bonus holes on the course.

## **Contact**

It's getting close to game time! Don't forget about those deadlines. If you think of any questions as you prepare, feel free to contact Julie at (330) 744-8411 ext.143 or [cup@youngstownymca.org](mailto:cup@youngstownymca.org).

# **Unity Within Community!**



**Youngstown Area  
Community Cup**