PROGRAM REGISTRATION - DAVIS FAMILY YMCA - FALL 2 & HOLIDAY SESSION 2023



FALL SESSIONS

FALL 1 Sep 11-Oct 22 FALL 2 Oct 23-Dec 3 HOLIDAY DEC 4-30

REGISTRATION BEGINS

 Members
 Others
 Late Fee

 Fall 1
 Aug 14
 Aug 21
 Sep 11

 Fall 2
 Oct 9
 Oct 16
 Oct 23

 Holiday
 Oct 9
 Oct 16
 Dec 4

SWIM LESSONS

NAME OF CLASS	STAFF	AGE	DAY	TIME	FALL 2 Members/Others	HOLIDAY Members/Others
Swim Starters-Parent/Child			Tuesday	5:00-5:30 pm	\$32/\$64	
	Jenna	6-36 mos	Thursday	10:50-11:20 am	\$27/\$54*	
A: Water Discovery			Saturday	9:40-10:10 am	\$32/\$64	
Swim Starters-Parent/Child			Wednesday	10:50-11:20 am	\$32/\$64	
	Jenna	6-36 mos	Thursday	5:00-5:30 pm	\$27/\$54*	
B: Water Exploration			Saturday	9:00-9:30 am	\$32/\$64	
Code Decise Devent/Child			Tuesday	5:00-5:40 pm	\$32/\$64	
Swim Basics-Parent/Child	Jenna	2-5 yrs	Thursday	5:50-6:30 pm	\$27/\$54*	
1: Water Acclimation			Saturday	9:00-9:40 am	\$32/\$64	
			Tuesday	5:00-5:40 pm	\$32/\$64	
C. im Danias Dusanhasi			Tuesday	5:50-6:30 pm	\$32/\$64	
Swim Basics-Preschool	Jenna	3-5 yrs	Thursday	5:50-6:30 pm	\$27/\$54*	
1: Water Acclimation			Saturday	9:50-10:30 am	\$32/\$64	
			Saturday	10:40-11:20 am	\$32/\$64	
Swim Basics-Preschool 2: Water Movement			Tuesday	1:00-1:40 pm	\$32/\$64	
			Tuesday	5:00-5:40 pm	\$32/\$64	
		3-5 yrs	Tuesday	5:50-6:30 pm	\$32/\$64	
	Jenna		Thursday	5:00-5:40 pm	\$27/\$54*	
			Thursday	5:50-6:30 pm	\$27/\$54*	
			Saturday	9:50-10:30 am	\$32/\$64	
			Saturday	10:40-11:20 am	\$32/\$64	
Swim Basics-Preschool			Tuesday	5:50-6:30 pm	\$32/\$64	
	Jenna	3-5 yrs	Thursday	5:00-5:40 pm	\$27/\$54*	
3: Water Stamina			Saturday	10:40-11:20 am	\$32/\$64	
			Tuesday	6:40-7:20 pm	\$32/\$64	
Swim Basics-Youth			Thursday	6:40-7:20 pm	\$27/\$54*	
1: Water Acclimation	Jenna	6-12 yrs	Saturday	9:00-9:40 am	\$32/\$64	
			Saturday	9:50-10:30 am	\$32/\$64	
			Tuesday	6:40-7:20 pm	\$32/\$64	
Swim Basics-Youth			Thursday	6:40-7:20 pm	\$27/\$54*	
2: Water Movement	Jenna	6-12 yrs	Saturday	9:00-9:40 am	\$32/\$64	
			Saturday	9:50-10:30 am	\$32/\$64	
			Tuesday	6:40-7:20 pm	\$32/\$64	
Swim Basics-Youth	Jenna	6-12 yrs	Thursday	6:40-7:20 pm	\$27/\$54*	
3: Water Stamina			Saturday	9:00-9:40 am	\$32/\$64	
			Tuesday	5:50-6:30 pm	\$32/\$64	
Swim Strokes-Youth	lenna	6.15		•		
4: Stroke Introduction	Jenna	6-12 yrs	Thursday	5:50-6:30 pm	\$27/\$54*	
*Fall 7 & Holiday, Drograms w			Saturday	9:00-9:40 am	\$32/\$64	

*Fall 2 & Holiday: Programs will be pro-rated due to no programs happening on Thanksgiving and Christmas Updated 10/2/23

SWIM LESSONS continued

NAME OF CLASS	STAF	F AGE	DAY	TIME	FALL 2 Members/Others	HOLIDAY Members/Others
Swim Strokes-Youth	1	C 13	Tuesday	6:40-7:20 pm	\$32/\$64	
5: Stroke Development	Jenna	6-12 yrs	Saturday	10:40-11:20 am	\$32/\$64	
Swim Strokes-Youth	3	c 12	TL	5 40 7 20	# 2.7 /# F 4 *	
6: Stroke Mechanics	Jenna	6-12 yrs	Thursday	6:40-7:20 pm	\$27/\$54*	
Swim Basics –Teen/Adult	Jenna	13+ yrs	Thursday	5:00-5:40 pm	\$27/\$54*	
Swim Basics –Family Group (Up to 4 members) Children under 3 must have adult accompaniment in the water	Jenna	All	Saturday	11:30 am-12:00 pm	\$125/\$175	
		Group 1 Starfish	Saturday	10:30-11:00 am	\$32/\$64	
Diverse Abilities Adaptive Swim Lessons (DAASL) for children with Special Needs	Jenna	Group 2 Turtles	Saturday	11:10-11:40 am	\$32/\$64	
		Group 3 Tadpoles	Saturday	11:50 am-12:20 pm	\$32/\$64	
		New Students	Saturday	12:30-1:00 pm	\$32/\$64	

AQUATIC SPECIALTY PROGRAMS (Not on 6-week session schedule)

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NAME OF CLASS	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others			
Homeschool Gym & Swim	Ed	6-18 yrs	Tuesdays Sep 12-Nov 28	1:00-2:30 pm	\$75/\$100			
Lifeguard Training	Chris	16+	Nov 29-Dec13	M/W/F 4:30-8:00 pm Sat 8:30 am-4:00 pm	\$225 (\$250 within 10 days of the training) Meets at Davis & Central			
Masters Swim Team	Ed	18+	September-April	Time Varies based on location	\$60/Members Visit ymcayo.com/aquatics for more information			
Private Swim Lessons	Jenna	3 +	Varies	Schedule with Instructor	1 Session \$20/\$30 Semi-Private (2 people) \$17/\$25 each			

ARTS & HUMANITIES

NAME OF PROGRAM	STAFF	AGE	LOCATION	DAY	TIME	ROOM	FALL 2 Members/Others	HOLIDAY Members/Others
Adult Spanish Class	Suzanne	18+	DAVIS	Wednesday	4:00-5:30 pm	Art Studio	\$30/\$60	
Painting - Adult	Suzanne	16+	DAVIS	Tuesday	1:00-3:00 pm	Art Studio	\$50/\$100	
Painting - Adult	Suzanne	16+	DAVIS	Thursday	4:00-5:30 pm	Art Studio	\$38/\$72*	
Painting - Watercolor	Suzanne	16+	DAVIS	Friday	11:00 am-1:00 pm	Art Studio	\$50/\$100	
Pottery - Adult	Suzanne	16+	DAVIS	Wednesday	12:30-3:00 pm 5:30-8:00 pm	Art Studio	\$90/\$180	\$60/\$120
Pottery - Youth	Suzanne	6-16 yrs	DAVIS	Wednesday	4:00-5:00 pm	Art Studio	\$60/\$120	\$40/\$80
Youth Art	Suzanne	5-8 yrs 9-14 yrs	DAVIS	Monday	5:00-5:45 pm 6:00-7:00 pm	Art Studio	\$30/\$60	

ART & HUMANITIES SPECIAL EVENTS

NAME OF EVENT	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
But I Know What I Like Opening Reception	Suzanne	All	Sunday Oct 8	1:00-2:30 pm	Free and Open to the Community

GROUP FITNESS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	ROOM	FALL 2 Members/Others	HOLIDAY Members/Others
Arthritis Water Exercise	Ed	14+	Mon/Wed/Fri	11:30 am-12:15 pm	Therapy Pool	\$25/\$50	\$15/\$30
Arthritis Water Exercise	Ed	14+	Mon/Wed/Fri	5:30-6:15 pm	Therapy Pool	\$25/\$50	\$15/\$30
Arthritis Water Exercise	Ed	14+	Tue/Thu	11:30 am-12:15 pm	Therapy Pool	\$16/\$32*	\$10/\$20*
Bodhi Suspension Training	Melissa	14+	Saturday	11:30-12:30 pm	Spinning Room	\$35/\$45**	\$21/\$27**
Pilates Reformer 1 Training	Melissa	14+	Monday	9:30-10:30 am	Group Fit Studio 1	\$60/\$80**	\$36/\$48**
Pilates Reformer 1 Training	Melissa	14+	Monday	5:30-6:30 pm	Group Fit Studio 1	\$60/\$80**	\$36/\$48**
Pilates Reformer 1 Training	Melissa	14+	Thursday	6:45-7:45 pm	Group Fit Studio 1	\$60/\$80**	\$36/\$48**
Pilates Reformer 1 Training	Melissa	14+	Friday	11:00 am-12:00 pm	Group Fit Studio 1	\$60/\$80**	\$36/\$48**
Pilates Reformer 1 Training	Melissa	14+	Saturday	8:00-9:00 am	Group Fit Studio 1	\$60/\$80**	\$36/\$48**
Pilates Reformer 2 Training	Melissa	14+	Monday	8:00-9:00 am	Group Fit Studio 1	\$60/\$80**	\$36/\$48**
Pilates Reformer 2 Training	Melissa	14+	Wednesday	9:30-10:30 am	Group Fit Studio 1	\$60/\$80**	\$36/\$48**
Pilates Reformer 2 Training	Melissa	14+	Thursday	5:30-6:30 pm	Group Fit Studio 1	\$60/\$80**	\$36/\$48**
Pilates Exo Chair Training	Melissa	14+	Friday	9:00-10:00 am	Group Fit Studio 1	\$35/\$45**	\$21/\$27**
Pilates Reformer AOA Training	Melissa	14+	Monday	11:00 am-12:00 pm	Group Fit Studio 1	\$60/\$80**	\$36/\$48**
Pilates Reformer AOA Training	Melissa	14+	Wednesday	11:00 am-12:00 pm	Group Fit Studio 1	\$60/\$80**	\$36/\$48**

^{**}Fall 2 will be 5 weeks & Holiday will be 3 weeks: No programs 11/22-11/27 and 12/25-12/31

HEALTH & WELLNESS

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NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Blood Pressure Self Monitoring Program	Meri	18+	ТВА	4 Month Program	\$10/\$25 Monthly mfetkovich@youngstownymca.org 330-744-8411 Ext 155
LIVESTRONG AT THE YMCA	Meri	18+ For Cancer Survivors	Sept-Dec	12-Week Program	\$0/\$0 Registration Required Contact mfetkovich@youngstownymca.org 330-742-4788
Movin' On Up Training	Larry	13 yrs	Participant's Choice	Schedule with Trainer	\$10/Members Only-Register at Desk
Personal Training (1 Person) or (2 People)	Larry	14+	Participant's Choice	Schedule with Trainer	1 Person 1 Session \$35/\$55 each 4 Sessions \$133/\$209 each 8 Sessions \$252/\$396 each 12 Session \$357/\$561 each 2 People 1 Session \$30/\$50 each 4 Sessions \$114/\$190 each 8 Sessions \$216/\$360 each 12 Session \$306/\$510 each
Pilates Reformer Personal Training	Larry	14+	Participant's Choice	Schedule with Trainer	1 Person 1 Session \$45/\$55 each 10 Sessions \$400/\$500 each 2 people 1 Session \$30/\$35 each 10 Sessions \$250/\$300 each
Tanita Body Composition Analysis	Larry	14+	Participant's Choice	Schedule with Trainer	\$20/\$35 Register at desk
Total Parkinson's	Larry	18+	Mon/Wed 12-Week Program	11:45 am-12:45 pm	\$0/\$80

*Fall 2 & Holiday: Programs will be pro-rated due to no programs happening on Thanksgiving and Christmas

PRESCHOOL PROGRAM

Preschool Registration for Fall 2023– **Spots still available

NAME	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Preschool 3 year old class	Adele	3 yrs	Tue/Thu	9:00 am FULL 9:30 am FULL	\$95 Registration Fee Then \$115/\$135 Monthly Fee
Preschool 4 year old class	Adele	4 yrs	Mon/Wed/Fri	9:00 am FULL 9:30 am FULL 10:30 am-1:30 pm**	\$95 Registration Fee Then \$145/\$165 Monthly Fee
Preschool 5 year old class	Adele	5 yrs	Mon/Wed/Fri	9:00 am-1:00 pm**	\$95 Registration Fee Then \$180/\$200 Monthly fee

AFTER SCHOOL PROGRAM Transportation available for Boardman & Poland Students

NAME	STAFF	AGE	LOCATION	DAY	TIME	MEMBER/NONMEMBER
After School Program	Nikki	Grades K-6	Davis	Mon-Fri	2:00-6:00 pm	Registration Fee \$30 \$70/\$75 Weekly** \$60/\$65 4-Days** \$235/\$260 Monthly**

^{\$15} Late Fee** Additional child discount \$10 Weekly \$15 Monthly

YOUTH-SPECIAL PROGRAMS

NAME OF PROGRAM	E OF PROGRAM STAFF AGE		DAY TIME		REGISTRATION FEE Member/Others
Leaders Club	Nikki	12-18 yrs	Tuesday	5:30-7:00 pm	\$50/\$75 Annual Fee 2023–2024 School Year Community Rm 2–Starts 8/26
Lego Club	Nikki	4-6 yrs 7-9 yrs 10-12 yrs	Tuesday	5:30-6:00 pm 6:10-6:50 pm 7:00-7:50 pm	\$0/\$25 Rec Room
Off School Camp	Nikki	6-13 yrs	Oct 12,13 Nov 22 Nov 24 Dec 21, 22, 26-29	9:00-4:00 pm 7-9 am / 4-6 pm (Extended Hours)	\$40/\$45-Oct 12 \$70/\$75-Oct 13 (Field Trip) \$40/\$45-20-22 \$70/\$75-Nov 24 (Field Trip) \$5 Extended Hours
Youth and Government	Nikki	Middle School (Fall Only)	2nd & 4th Mondays	5:30-7:30 pm (Sep-Nov)	\$400 Fee – Due before the assembly Fundraising Opportunities Available Conference Room

YOUTH SPORTS & MORE

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	ROOM	FALL 2 Members/Others	HOLIDAY Members/Others
Esports	Nikki	9-12 yrs 13-17 yrs	Thursday	5:00-6:20 pm 6:30-8:00 pm	YLC	\$25/\$50*	
Getting Fit	Nikki	8-10 yrs 11-14 yrs	Friday	6:00-6:45 pm 7:00-7:45 pm	Multi-Pur. Room/ Turf Field	\$30/\$60	
Basketball	Nikki	6-8 yrs 9-12 yrs	Wednesday	5:30-6:15 pm 6:30-7:15 pm	Gym Court 1	\$30/\$60	
Lacrosse	Nikki	8-12 yrs 13-16 yrs	Saturday	10:00-10:50 am 11:00-11:50 am	Multi-Pur. Room/ Turf Field	\$30/\$60	

This Program Registration Sheet only lists programs that require registration and payment. There are many more activities that are FREE and included in your membership. Visit YMCAyo.org for more information.

FAMILY PROGRAMS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Birthday Party Rentals	Adele	Members Only	Saturdays & Sundays	2:00-5:00 pm	\$250 Members Only (Plus \$100 Security Deposit) Payment due at least 2 weeks prior
First Friday Movie Night	Nikki	Children with parents	Oct 6 Nov 3 Dec 1	7:00-9:00 pm	Free Members Only
Parents Night Out	Adele	3 -10 yrs	Fridays Oct 20, Nov 17, Dec 15	5:00-8:00 pm	1st Child \$25/\$35, additional child \$15/\$20 Please register by 5 pm on the prior day.

CERTIFICATION/JOB TRAINING

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
CPR for Health Care Provider	Chris	16+	Nov 11	9:00 am-5:00 pm	\$75/\$80 Davis Training Room
First Aid	Chris	16+	Sept 19 Dec 5	5:00-9:00 pm	\$50/\$55 Davis Training Room
Lifeguard Training	Chris	16+	Nov 23-Dec 13	M/W/F 4:30-8:00 pm Sat 8:30 am-4:00 pm	\$225 (\$250 within 10 days of the training) Meets at Davis & Central

SPECIAL EVENTS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Dunkin for Pumpkins	Ed	3+	Saturday, Oct 14	12:00-3:00 pm	\$5 Per Child \$10 after Oct 5
Trunk or Treat	Nikki	0-14 yrs	Saturday, Oct 21	5:00-7:00 pm	Free & Open to the Community Register as a Trunk or Treater Davis Family YMCA Parking Lot
Swim Challenge: Santa Cruz Island	Ed	All	Sept 11-Oct 30	Varies	\$5 Per Member \$15 for a Hat
Decorate Christmas Cookies with Leaders Club	Nikki	All	Dec 5	5:00-7:00 pm	Free & Open to the Community
Here Comes Santa Claus	Nikki	0-14 yrs	Sunday, Dec 17	Varies	Free & Open to the Community Registration Required

CONTACT INFORMATION:

Adele Taylor	330-480-5657 ataylor@youngstownymca.org
Jenna Benson	330-480-5656 ext 250 jbenson@youngstownymca.org
Chris Hughes	330-480-5655 chughes@youngstownymca.org
Ed Metzinger	330-480-5665 emetzinger@youngstownymca.org
Larry Jensen	330-480-5659 ljensen@youngstownymca.org
Melissa Klim	330-480-5656 ext 271 mklim@youngstownymca.org
Meri Fetkovich	330-742-4788 mfetkovich@youngstownymca.org
Nikki Murray	330-480-5658 nmurray@youngstownymca.org
Suzanne Gray	330-480-5656 ext 247 sgray@youngstownymca.org

Financial Assistance for program registration is available, you may also qualify for Free Youth Programming. Scan the QR Code for the application. Contact Nikki Murray for more information.

