## DAVIS THERAPY POOL WINTER

Effective Jan 2-Mar 31

	MON	TUE	WED	THU	FRI	SAT	SUN
5:00							
5:30							
6:00							
6:30							
7:00	OPEN	ODEN	ODEN	ODEN	ODEN		
7:30	7:00-8:30	OPEN 7:00-8:30	OPEN 7:00-8:30	OPEN 7:00-8:30	OPEN 7:00-8:30	_	
8:00						OPEN 7:30-9:00	
8:30	Closed for					7.30 3.00	
9:00	Closed for						
9:30	Mercy Health						
10:00						SWIM	
10:30		8:30-	11:30	) am		LESSONS	
11:00						9:00 am	
11:30	*ARTHRITIS WATER	*ARTHRITIS WATER	*ARTHRITIS WATER	*ARTHRITIS WATER	*ARTHRITIS WATER	1.00	
NOON	EXERCISE 11:30-12:15	EXERCISE 11:30-12:15	EXERCISE 11:30-12:15	EXERCISE 11:30-12:15	EXERCISE 11:30-12:15	1:00 pm	
12:30	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-1:00			
1:00					OPEN 12:15-2:00		
1:30		Close	d for				
2:00		CIOSE	u IUI			OPEN	OPEN
2:30	N	lorcy	Healt	h		1:00-4:00	1:00-4:00
3:00	JV	iercy	ııcaıı				
3:30	1:00-5:00 pm						
4:00	I è	UU-J.	oo pi				
4:30							
5:00	OPEN 5:00-5:30	SWIM LESSONS	OPEN 5:00-5:30	SWIM LESSONS	OPEN 5:00-5:30		
5:30	*ARTHRITIS WATER	5:00-5:30	*ARTHRITIS WATER	5:00-5:30	*ARTHRITIS WATER		
6:00	EXERCISE 5:30-6:15	AQUA MOVEMENT	EXERCISE 5:30-6:15		EXERCISE 5:30-6:15		
6:30		5:30-6:30		OPEN			
7:00	OPEN	OPEN	OPEN	5:30-8:00	OPEN		
7:30	6:15-8:00	6:30-8:00	6:15-8:00		6:15-8:00		
8:00							
8:30							
9:00							

Adults 18 and older only.

Pool is not available for use during Mercy Health's schedule, Arthritis Water Exercise, and Swim Lessons.

Everyone must shower before using the pool facilities. Thank you!

<sup>\*</sup>Registration Required