



**33 YEARS COMMITTED
TO COMMUNITY
HEALTH AND WELLNESS**

Do the Challenge, Be the Challenge!

**Youngstown Meltdown
Designated Weigh-In Times**



**Youngstown Area
Community Cup**

Monday	No weigh-ins
Tuesday	8:00 am to 2:00 pm
Wednesday	8:00 am to 2:00 pm
Thursday	12:00 pm to 6:00 pm
Friday	8:00 am to 2:00 pm
Saturday	No weigh-ins

Please note the following dates:

- *The first week of weigh-ins will be the week of June 3.
- *The YMCA and Community Cup office is closed on July 4.
- *The last week of weigh-ins will be the week of August 19.
- *The last day for weigh-ins will be Saturday, August 24.



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