



**33 YEARS COMMITTED
TO COMMUNITY
HEALTH AND WELLNESS**

Do the Challenge, Be the Challenge!

Youngstown Meltdown
Designated Weigh-In Times
Davis Family YMCA



**Youngstown Area
Community Cup**

Monday	5:00 am to 9:00 pm
Tuesday	5:00 am to 9:00 pm
Wednesday	5:00 am to 9:00 pm
Thursday	5:00 am to 9:00 pm
Friday	5:00 am to 9:00 pm
Saturday	7:00 am to 6:00 pm
Sunday	12:30 pm to 6:00 pm

Please note the following dates:

- *The first week of weigh-ins will be the week of June 3.
- *The YMCA and Community Cup office is closed on July 4.
- *The last week of weigh-ins will be the week of August 19.
- *The last day for weigh-ins will be Saturday, August 24.



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