

CENTRAL POOL SCHEDULES

Effective April 15, 2024

DEEP POOL

	MON	TUE	WED	THU	FRI	SAT	SUN
5:00	LAP/OPEN SWIM 5:00am-7:30am	LAP/OPEN SWIM 5:00am-5:00pm	LAP/OPEN SWIM 5:00am-8:00pm	LAP/OPEN SWIM 5:00am-5:00pm	LAP/OPEN SWIM 5:00am-8:00pm		
6:00							
7:00	WATER RUN/LAP 7:30-8:15am						
8:00							
9:00							
10:00							
11:00							
12:00	LAP/OPEN SWIM 8:15am-5:00pm						
1:00							
2:00							
3:00							
4:00							
5:00	CLOSED FOR PROGRAM 5:00-8:00pm	CLOSED FOR PROGRAM 5:00-8:00pm		CLOSED FOR PROGRAM 5:00-8:00pm		POOL CLOSED	POOL CLOSED
6:00							
7:00							
8:00							

SHALLOW POOL

	MON	TUE	WED	THU	FRI	SAT	SUN
7:30	LAP/OPEN SWIM 7:30-8:30am	LAP/OPEN SWIM 7:30-9:15am	LAP/OPEN SWIM 7:30-8:30am	LAP/OPEN SWIM 7:30-9:15am	LAP/OPEN SWIM 7:30-8:30am	LAP/OPEN SWIM 7:00-10:00am	
8:00							
8:30	WATER FITNESS 8:30-9:15am		WATER FITNESS 8:30-9:15am		WATER FITNESS 8:30-9:15am	WATER FITNESS 8:30-9:15am	
9:00							
9:30	GROUPS / open 9:15am-12pm	GROUPS / open 9:15am-12pm	OPEN SWIM 9:15-11:00am	GROUPS / OPEN 9:15am-12pm	GROUPS / OPEN 9:15am-12pm		
10:00							
10:30							
11:00							
11:30							
12:00	OPEN SWIM 12:00-1:00pm	AQUAROBICS 12:00-1:00pm	GROUPS / OPEN 11am-2:00pm	AQUAROBICS 12:00-1:00pm	OPEN SWIM 12:00-1:00pm	LAP/OPEN SWIM 10:45am-4:30pm	
12:30							
1:00	GROUPS / OPEN 1:00-2:00pm	GROUPS / OPEN 1:00-2:00pm		GROUPS / OPEN 1:00-2:00pm	GROUPS / OPEN 1:00-2:00pm		OPEN SWIM 1:00-2:00pm
1:30							
2:00	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		
2:30							
3:00	OPEN SWIM 3:00-5:30pm	GROUPS/OPEN 3:00-5:30pm	OPEN SWIM 3:00-4:00pm	GROUP/OPEN 3:00-4:30pm	OPEN SWIM 3:00-5:30pm		
3:30							
4:00							
4:30		SWIM LESSONS/ OPEN 4:00-5:30pm					
5:00							
5:30	AQUAROBICS 5:30-6:30pm		AQUAROBICS 5:30-6:30pm	AQUAROBICS 5:30-6:30pm	CLOSED		
6:00							
6:30	OPEN SWIM 5:30-8:00pm	OPEN SWIM 5:30-8:00pm	OPEN SWIM 6:30-8:00pm	OPEN SWIM 4:30-8:00pm			
7:00							
7:30							
8:00							

During group /lesson times, at least 1 lane will be available. Slide is closed during all group and program times.
Wristbands required for children ages 12 & under to indicate swimming availability .