

DAVIS THERAPY POOL SUMMER

Effective June 2-Aug 24

	MON	TUE	WED	THU	FRI	SAT	SUN
5:00							
5:30							
6:00							
6:30							
7:00	OPEN 7:00-8:30	OPEN 7:00-8:30	OPEN 7:00-8:30	OPEN 7:00-8:30	OPEN 7:00-8:30		
7:30							
8:00						OPEN 7:30-9:00	
8:30	Closed for Mercy Health 8:30-11:30 am						
9:00							
9:30							
10:00							
10:30							
11:00							
11:30	*ARTHRITIS WATER EXERCISE 11:30-12:15	*ARTHRITIS WATER EXERCISE 11:30-12:15	*ARTHRITIS WATER EXERCISE 11:30-12:15	*ARTHRITIS WATER EXERCISE 11:30-12:15	*ARTHRITIS WATER EXERCISE 11:30-12:15	SWIM LESSONS 9:00 am - 1:00 pm	
12:00							
12:30	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-2:00		
1:00	Closed for Mercy Health 1:00-5:00 pm						
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00	OPEN 5:00-5:30	SWIM LESSONS 5:00-5:45	OPEN 5:00-5:30	SWIM LESSONS 5:00-5:45	OPEN 5:00-5:30		
5:30	*ARTHRITIS WATER EXERCISE 5:30-6:15		*ARTHRITIS WATER EXERCISE 5:30-6:15		*ARTHRITIS WATER EXERCISE 5:30-6:15		
6:00		AQUA YOGA 5:45-6:30		AQUA MOVEMENT 5:45-6:30			
6:30	OPEN 6:15-8:00	OPEN 7:15-8:00	OPEN 6:15-8:00	OPEN 7:15-8:00	OPEN 6:15-8:00		
7:00							
7:30							
8:00							
8:30							
9:00							

Adults 18 and older only.

***Registration Required.**

Arthritis Water Exercise M/W/F for 6 Weeks \$35 Members / \$70 Non Members

Arthritis Water Exercise Tu/Th for 6 Weeks \$24 Members / \$48 Non Members

Pool is not available for use during Mercy Health's schedule, Arthritis Water Exercise, or during Swim Lessons.

Everyone must shower before using the pool facilities. Thank you!