



# PROGRAM REGISTRATION - DAVIS FAMILY YMCA - FALL 1 SESSION 2024

## FALL SESSIONS

FALL 1 SEP 8-OCT 19  
 FALL 2 OCT 20-NOV30

## REGISTRATION

FALL 1  
 FALL 2

## Members

AUG 12  
 OCT 7

## Non-Members

AUG 19  
 OCT 14

## Late Fee

SEP 9  
 OCT 21

## SWIM LESSONS

Updated 08/09/2024

NAME OF CLASS	STAFF	AGE	DAY	TIME	FALL1		FALL 2	
					Members/	Others	Members/	Others
Swim Starters-Parent/Child A: Water Discovery	Jenna	6-36 mos	Tuesday	5:00-5:30pm	\$30/\$60		\$35/\$70	
			Thursday	10:50-11:20am	\$30/\$60		\$30/\$60*	
			Saturday	9:40-10:10am	\$30/\$60		\$35/\$70	
Swim Starters-Parent/Child B: Water Exploration	Jenna	6-36 mos	Wednesday	10:50-11:20am	\$30/\$60		\$35/\$70	
			Thursday	5:00-5:30pm	\$30/\$60		\$30/\$60*	
			Saturday	9:00-9:30am	\$30/\$60		\$35/\$70	
Swim Basics-Parent/Child 1: Water Acclimation	Jenna	2-5 yrs	Tuesday	5:00-5:40pm	\$30/\$60		\$35/\$70	
			Thursday	5:50-6:30pm	\$30/\$60		\$30/\$60*	
			Saturday	9:00-9:40am	\$30/\$60		\$35/\$70	
Swim Basics-Preschool 1: Water Acclimation	Jenna	3-5 yrs	Tuesday	5:00-5:40pm	\$30/\$60		\$35/\$70	
			Tuesday	5:50-6:30pm	\$30/\$60		\$35/\$70	
			Thursday	5:50-6:30pm	\$30/\$60		\$30/\$60*	
			Saturday	9:50-10:30am	\$30/\$60		\$35/\$70	
			Saturday	10:40-11:20am	\$30/\$60		\$35/\$70	
Swim Basics-Preschool 2: Water Movement	Jenna	3-5 yrs	Tuesday	1:00-1:40pm	\$30/\$60		\$35/\$70	
			Tuesday	5:00-5:40pm	\$30/\$60		\$35/\$70	
			Tuesday	5:50-6:30pm	\$30/\$60		\$35/\$70	
			Thursday	5:00-5:40pm	\$30/\$60		\$30/\$60*	
			Thursday	5:50-6:30pm	\$30/\$60		\$30/\$60*	
			Saturday	9:50-10:30am	\$30/\$60		\$35/\$70	
			Saturday	10:40-11:20am	\$30/\$60		\$35/\$70	
Swim Basics-Preschool 3: Water Stamina	Jenna	3-5 yrs	Tuesday	5:50-6:30pm	\$30/\$60		\$35/\$70	
			Thursday	5:00-5:40pm	\$30/\$60		\$30/\$60*	
			Saturday	10:40-11:20am	\$30/\$60		\$35/\$70	
Swim Basics-Youth 1: Water Acclimation	Jenna	6-12 yrs	Tuesday	6:40-7:20pm	\$30/\$60		\$35/\$70	
			Thursday	6:40-7:20pm	\$30/\$60		\$30/\$60*	
			Saturday	9:00-9:40am	\$30/\$60		\$35/\$70	
			Saturday	9:50-10:30am	\$30/\$60		\$35/\$70	
Swim Basics-Youth 2: Water Movement	Jenna	6-12 yrs	Tuesday	6:40-7:20pm	\$30/\$60		\$35/\$70	
			Thursday	6:40-7:20pm	\$30/\$60		\$30/\$60*	
			Saturday	9:00-9:40am	\$30/\$60		\$35/\$70	
			Saturday	9:50-10:30am	\$30/\$60		\$35/\$70	
Swim Basics-Youth 3: Water Stamina	Jenna	6-12 yrs	Tuesday	6:40-7:20pm	\$30/\$60		\$35/\$70	
			Thursday	6:40-7:20pm	\$30/\$60		\$30/\$60*	
			Saturday	9:00-9:40am	\$30/\$60		\$35/\$70	
Swim Strokes-Youth 4: Stroke Introduction	Jenna	6-12 yrs	Tuesday	5:50-6:30pm	\$30/\$60		\$35/\$70	
			Thursday	5:50-6:30pm	\$30/\$60		\$30/\$60*	
			Saturday	9:00-9:40am	\$30/\$60		\$35/\$70	

\*FALL 2 Thursday programs will be pro-rated for 5 weeks-no classes or programs on Thanksgiving

## SWIM LESSONS continued

NAME OF CLASS	STAFF	AGE	DAY	TIME	FALL 1	FALL 2
					Members/Others	Members/Others
Swim Strokes-Youth 5: Stroke Development	Jenna	6-12 yrs	Tuesday	6:40-7:20pm	\$30/\$60	\$35/\$70
			Saturday	10:40-11:20am	\$30/\$60	\$35/\$70
Swim Strokes-Youth 6: Stroke Mechanics	Jenna	6-12 yrs	Thursday	6:40-7:20pm	\$30/\$60	\$30/\$60*
Swim Basics –Teen/Adult	Jenna	13+ yrs	Thursday	5:00-5:40pm	\$30/\$60	\$30/\$60*
Swim Basics –Family Group (Up to 4 members) *Children under 3 must have adult accompaniment in the water	Jenna	All	Saturday	11:30 am-12:00pm	\$105/\$146	\$125/\$175
Diverse Abilities Adaptive Swim Lessons (DAASL) For Children with Special Needs	Jenna		Saturday	10:30-11:00am	\$30/\$60	\$35/\$70
			Saturday	11:10-11:40am	\$30/\$60	\$35/\$70
			Saturday	11:50 am-12:20pm	\$30/\$60	\$35/\$70
			Saturday	12:30-1:00pm	\$30/\$60	\$35/\$70

## AQUATIC SPECIALTY PROGRAMS (Not on 6-week session schedule)

NAME OF CLASS	STAFF	AGE	LOCATION	DAY	TIME	REGISTRATION FEE
						Member/Others
Home School Gym & Swim	Ed	6-18 yrs	DAVIS	Tuesdays	1:00-2:30pm	\$75/\$100
Masters Swim Team	Ed	18+	BOTH	SEP-APR	Time Varies Based On Location	\$60/Members Visit <a href="http://YMCAyo.org/aquatics">YMCAyo.org/aquatics</a> for more information
Private Swim Lessons	Jenna	3+	BOTH	Varies	Schedule with Instructor	1 Session (1 person) \$20/\$30 Semi-Private (2 people) \$17/25 each

## ARTS & HUMANITIES

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	ROOM	FALL 1	FALL 2
						Members/Others	Members/Others
Adult Spanish Class	Suzanne	18+	Wednesdays	4:00-5:30pm	Conference Room	\$35/\$70	\$35/\$70
Painting - Adult	Suzanne	18+	Tuesdays	1:00-3:00pm	Art Studio	\$50/\$100	\$50/\$100
Painting - Adult	Suzanne	18+	Thursdays	3:00-4:30pm	Art Studio	\$45/\$90	\$38/\$76*
Pottery - Adult	Suzanne	16+	Tuesdays	4:30-6:00pm	Art Studio	\$60/\$120 Limit 8 Students All Supplies Provided	\$60/\$120 Limit 8 Students All Supplies Provided
Watercolor	Suzanne	16+	Fridays	11:00am-1:00pm	Art Studio	\$50/\$100	\$50/\$100
Drawing / Pen & Ink	Suzanne	18+	Wednesdays	5:00-7:00pm	Art Studio	\$50/\$100	\$50/\$100
Colored Pencil Drawing	Suzanne	18+	Fridays	5:30-7:30pm	Art Studio	\$50/\$100	\$50/\$100
Create your own Comic Book	Suzanne	18+	Saturdays	1:00-3:00pm	Art Studio	\$50/100	\$50/\$100
Youth Art	Suzanne	5-8 yrs 9-14 yrs	Mondays	5:00-5:45pm 6:00-7:00pm	Art Studio	\$35/\$70	\$35/\$70
Youth Anime	Suzanne	9+	Fridays	4:00-5:00pm	Art Studio	\$35/\$70	

## ARTS & HUMANITIES SPECIALTY EVENTS

NAME OF EVENT	STAFF	AGE	DAY	TIME	REGISTRATION FEE
					Member/Others
BIKWIL "But I Know What I Like"	Suzanne	ALL	Sunday Opening Ceremony	October 6 1:30-3:00pm	Open to the Community

\*FALL 2 Thursday programs will be pro-rated for 5 weeks-no classes or programs on Thanksgiving

**YMCAyo.org**

## GROUP FITNESS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	ROOM	FALL 1 Members/Others
Arthritis Water Exercise	Ed	14+	Mon/Wed/Fri	11:30am-12:15pm	Therapy Pool	\$30/\$60
Arthritis Water Exercise	Ed	14+	Mon/Wed/Fri	5:30-6:15pm	Therapy Pool	\$30/\$60
Arthritis Water Exercise	Ed	14+	Tue/Thu	11:30-12:15pm	Therapy Pool	\$20/\$40
Bodhi Suspension Training	Melissa	14+	Saturday	10:00am-10:55am	Spinning Room	\$45/\$60
Pilates Reformer 1 Training	Melissa	14+	Monday	10:30-11:25am	Group Fit Studio 1	\$75/\$100
Pilates Reformer 1 Training	Melissa	14+	Monday	5:30-6:25pm	Group Fit Studio 1	\$75/\$100
Pilates Reformer 1 Training	Melissa	14+	Tuesday	5:45-6:40am	Group Fit Studio 1	\$75/\$100
Pilates Reformer 1 Training	Melissa	14+	Tuesday	10:00-10:55am	Group Fit Studio 1	\$75/\$100
Pilates Reformer 1 Training	Melissa	14+	Wednesday	5:45-6:40am	Group Fit Studio 1	\$75/\$100
Pilates Reformer 1 Training	Melissa	14+	Thursday	5:45-6:40am	Group Fit Studio 1	\$75/\$100
Pilates Reformer 1 Training	Melissa	14+	Thursday	10:00-10:55am	Group Fit Studio 1	\$75/\$100
Pilates Reformer 1 Training	Melissa	14+	Thursday	6:45-7:40pm	Group Fit Studio 1	\$75/\$100
Pilates Reformer 1 Training	Melissa	14+	Friday	9:00-9:55am	Group Fit Studio 1	\$75/\$100
Pilates Reformer 1 Training	Melissa	14+	Saturday	8:30-9:25am	Group Fit Studio 1	\$75/\$100
Pilates Reformer 2 Training	Melissa	14+	Monday	9:00-9:55am	Group Fit Studio 1	\$75/\$100
Pilates Reformer 2 Training	Melissa	14+	Wednesday	9:30-10:25am	Group Fit Studio 1	\$75/\$100
Pilates Reformer 2 Training	Melissa	14+	Thursday	5:30-6:25pm	Group Fit Studio 1	\$75/\$100
Pilates Exo Chair Training	Melissa	14+	Wednesday	7:00-7:55am	Group Fit Studio 1	\$45/\$60
Pilates Reformer AOA Training	Melissa	14+	Monday	11:45am-12:40pm	Group Fit Studio 1	\$75/\$100
Pilates Reformer AOA Training	Melissa	14+	Wednesday	11:00-11:55am	Group Fit Studio 1	\$75/\$100

## HEALTH & WELLNESS

PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
LIVESTRONG AT THE YMCA	TBD	18+ For Cancer Survivors	Now Registering	12 Week Program	\$0/\$0 Registration Required
Nutrition Counseling	TBD	18+	Ongoing	Schedule with RD	1-1 Hour Session & 2-30 Minute Sessions \$120/\$180

## FITNESS TRAINING

PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Personal Training (1 Person) or (2 People)	Larry	14+	Participant's Choice	Schedule with Trainer	<b>1 Person</b> 1 Session \$35/\$55 each 4 Sessions \$133/\$209 each 8 Sessions \$252/\$396 each 12 Session \$357/\$561 each <b>2 People</b> 1 Session \$30/\$50 each 4 Sessions \$114/\$190 each 8 Sessions \$216/\$360 each 12 Session \$306/\$510 each
Pilates Reformer Personal Training	Larry	14+	Participant's Choice	Schedule with Trainer	<b>1 Person</b> 1 Session \$45/\$55 each 10 Sessions \$400/\$500 each <b>2 people</b> 1 Session \$30/\$35 each 10 Sessions \$250/\$300 each
Tanita Body Composition Analysis	Larry	14+	Participant's Choice	Schedule with Trainer	\$20/\$35 Register at Desk
Movin' On Up Training	Larry	13 yrs	Participant's Choice	Schedule with Trainer	\$10/Members Only-Register at Desk

# PRESCHOOL PROGRAM

## Preschool Registration for the 2024-2025 School Year

NAME	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Preschool 3 year old class	Adele	3 yrs	Tue/Thu	9:00am-12:00pm - FULL 9:30am-12:30pm - FULL 10:00-1:00pm	\$95 Registration Fee Then \$130/\$150 Monthly Fee
Preschool 4 year old class	Adele	4 yrs	Mon/Wed/Fri	9:00am-12:00pm - FULL 9:30am-12:30pm - FULL 10:30-1:30pm - FULL	\$95 Registration Fee Then \$160/\$180 Monthly Fee
Preschool 5 year old class	Adele	5 yrs	Mon-Fri	9:00am-1:00pm	\$95 Registration Fee Then \$215/\$225 Monthly Fee
Little Learners	Adele	2-3 yrs (with a parent)	Tue/Thu	10:30am-12:30pm	\$35/\$70 *6 week session Community Room 2

## AFTER SCHOOL PROGRAM Transportation available for Boardman & Poland Students

NAME	STAFF	AGE	LOCATION	DAY	TIME	MEMBER/NONMEMBER
After School Program	Adele	Grades K-6	Davis	Mon-Fri	2:30-6:00 pm	Registration Fee \$30 \$250/\$275 Monthly** \$75/\$80 Weekly** \$65/\$70 4-Days**

\$15 Late Fee\*

## YOUTH-SPECIAL PROGRAMS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Leaders Club	Adele	12-18 yrs	Wednesday	6:00-7:30 pm	\$50/\$75 Annual Fee 2024-2025 School Year Community Room 2-Starts Sep 11
Lego Club	Adele	4-6 yrs 7-9 yrs 10-12 yrs	Tuesday	5:30-6:00 pm 6:10-6:50 pm 7:00-7:50 pm	\$0/\$25 Rec Room
Off School Camp	Adele	6-13 yrs	Oct 11 Nov 27 Nov 29	9:00-4:00 pm 7-9 am / 4-6 pm (Extended Hours)	\$45/\$50-Oct 11 \$45/\$50-Nov 27 \$70/\$80-Nov 29 Field Trip \$5 Extended Hours
Youth In Government	Adele	Middle School	2nd & 4th Mondays	6:00-7:30 pm (Oct-Dec)	Donor support is available, final cost details will be provided before the assembly. Conference Room -Starts Oct 14

## YOUTH SPORTS & MORE

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	ROOM	FALL 1 Members/Others	FALL 2 Members/Others
Getting Fit	Adele	6-8 yrs 9-11 yrs	Tuesday	6:00-6:45 pm 7:00-7:45 pm	Multi-Purpose Room/Turf Field	\$35/\$70	\$35/\$70
Soccer Fundamentals	Adele	6-8 yrs 9-12 yrs	Wednesday	5:30-6:15 pm 6:30-7:15 pm	Turf Field	\$35/\$70	\$35/\$70

Financial Assistance for program registration is available, you may also qualify for Free Youth Programming. Scan the QR Code for the application.



## FAMILY PROGRAMS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Birthday Party Rentals	Amanda	Members Only	Saturdays Sundays	2:00-5:00pm	\$350 Members Only (Includes \$100 Security Deposit)
Parents Night Out	Adele	3 -10 yrs	Fridays Sep 20 Oct 18 Nov 15	5:00-8:00pm	1st Child \$30/\$40, additional child \$20/\$30 Please register by 5 pm on the prior day
Movie Night	Adele	Children With Parents	Friday Oct 4	6:00-8:00pm	Free Members Only

## SPECIAL EVENTS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Pooch Pentathlon	Amanda	ALL	Sunday Sep 8	10:00am-3:00pm	\$5 Per Pooch *Increases to \$10 After Sep 4
Dunkin For Pumpkins	Amanda	3+	Saturday Oct 19	12:00-3:00pm	\$10/\$15 per child Or Family Fee \$30/\$45* *3 or more Children
Trunk Or Treat	Adele	0-14 yrs	Saturday Oct 26	5:00-7:00pm	Free & Open to the Community *Registration Required for Trunks & Treaters Davis Family YMCA Parking Lot
Loch Ness Swim	Amanda	18+	Sep 9-Oct 28	ALL	\$20 per person

## CERTIFICATION/JOB TRAINING

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
CPR for Health Care Provider *blended course	Chris	14+	Nov 2	9:00am-12:30pm*	\$80 Davis Training Room
CPR/AED for	Chris	14+	Sep 23	4:00-9:00pm	\$50 Davis Training Room
First Aid	Chris	12+	Sep 24	4:00-9:00pm	\$50 Davis Training Room
Lifeguard Training	Ed	16+	Nov 8-Nov 17	FRI/SAT/SUN FRI 4:30-9:00pm SAT 8:00 am-4:00pm SUN 12:30-5:30pm	\$225 (\$250 within 10 days of the training)

### CONTACT INFORMATION:

Adele Taylor	330-480-5657 ataylor@youngstownymca.org
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