



PROGRAM REGISTRATION – CENTRAL YMCA – WINTER 2 SESSION 2025

WINTER SESSIONS

REGISTRATION BEGINS

Winter 2 Feb 17 – Mar 30
Spring Apr 7 – May 25

Members
Winter 2 Feb 3
Spring Mar 17

Non-Members
Feb 10
Mar 24

Late Fee
Feb 17
Apr 7

SWIM LESSONS

NAME OF CLASS	STAFF	AGE	DAY	TIME	Winter 2 Members/Others	Spring Members/Others
Swim Starters–Parent/Child B: Water Exploration	Lou	6–36 mos	Sunday	2:30–3:00pm	\$35/\$70	\$35/\$70
Swim Basics–Preschool 1: Water Acclimation	Lou	3–5 yrs	Wednesday	4:00–4:40pm	\$35/\$70	\$35/\$70
			Sunday	1:00–1:40pm	\$35/\$70	\$35/\$70
Swim Basics–Preschool 2: Water Movement	Lou	3–5 yrs	Wednesday	4:00–4:40pm	\$35/\$70	\$35/\$70
			Sunday	1:00–1:40pm	\$35/\$70	\$35/\$70
Swim Basics–Preschool 3: Water Stamina	Lou	3–5 yrs	Wednesday	4:00–4:40pm	\$35/\$70	\$35/\$70
			Sunday	1:00–1:40pm	\$35/\$70	\$35/\$70
Swim Basics–Youth 1: Water Acclimation	Lou	6–12 yrs	Wednesday	4:45–5:25pm	\$35/\$70	\$35/\$70
			Sunday	1:45–2:25pm	\$35/\$70	\$35/\$70
Swim Basics–Youth 2: Water Movement	Lou	6–12 yrs	Wednesday	4:45–5:25pm	\$35/\$70	\$35/\$70
			Sunday	1:45–2:25pm	\$35/\$70	\$35/\$70
Swim Basics–Youth 3: Water Stamina	Lou	6–12 yrs	Wednesday	4:45–5:25pm	\$35/\$70	\$35/\$70
			Sunday	1:45–2:25pm	\$35/\$70	\$35/\$70
Swim Basics –Teen/Adult	Lou	13+ yrs	Wednesday	12:00–12:40pm	\$35/\$70	\$35/\$70
			Sunday	2:30–3:10pm	\$35/\$70	\$35/\$70
Swim Basics –Family Group (Up to 4 members) Children under 3 must have adult accompaniment in the water	Lou	All	Sunday	2:30–3:00pm	\$125/\$175	\$125/\$175

AQUATIC SPECIALTY PROGRAMS (Not on 6-week session schedule)

NAME OF CLASS	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Private Swim Lessons	Lou	3 +	Varies	Schedule with Instructor	1 Session \$20/\$30 Semi-Private (2 people) \$17/\$25 each
Masters Swim Team	Lou	18+	September– April	Sun/Wed/Fri Sun 2:30–3:30pm Central Wed/Fri 6:30–7:00pm Davis	\$60 Members Only Visit ymcayo.org/aquatics for more information

HEALTH & WELLNESS

NAME OF CLASS	STAFF	AGE	DAY	TIME	REGISTRATION FEE	
					Member	Others
LIVESTRONG AT THE YMCA	Melissa	18+	Ongoing Registration	12 Week Program	\$0/\$0	Registration Required
Personal Training (1 Person) or (2 People)	Carl	14 +	Participant's Choice	Schedule with Trainer	1 Person 1 Session \$35/\$55 4 Sessions \$133/\$209 8 Sessions \$252/\$396 12 Sessions \$357/\$561 2 People 1 Session \$30/\$50 each 4 Sessions \$114/\$190 each 8 Sessions \$216/\$360 each 12 Sessions \$306/\$510 each	

ATHLETIC PERFORMANCE CENTER PROGRAMS

NAME OF CLASS	STAFF	AGE	DATES	TIME	REGISTRATION FEE	
					Member	Others
Jump Stretch	Carl	10+	Mon or Wed Tue or Thu Sat	4:00-5:00pm 5:15-6:15pm 10:30-11:30am	Monthly Rate	\$10/\$44 per chosen day

SPORTS & REC PROGRAMS (Not on 6-week session schedule)

NAME OF CLASS	STAFF	AGE	DATES	TIME	REGISTRATION FEE
Recreational Volleyball	Mike	14+ CO-ED	Sundays Thursdays	2:30-5:00PM 12:00 PM	Free/ \$5.00
Volleyball Open Play	Mike	14+ CO-ED	Fridays Feb 7-28	6:00-8:00pm	Free/\$5.00
Basketball Clinics	Mike	6-15 yrs.	Mon/ Wed/Thurs Tues/Fri	Beginners 6:00pm-7:00pm Competitive 7:00pm-8:00pm Advanced 6:00pm-7:00pm	Registration Required* Free to members/\$50 per month or \$11 per day

YOUTH-SPECIAL PROGRAMS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Youth Night	Lea	6-13 yrs	First Friday of every month	5:00-8:00 pm	\$0/ \$15
Off School Camp	Lea	6-13 yrs	Feb- 14 & 17 Mar- 14 Apr- 21, 22,23,24 & 26	9:00-4:00 pm 4-6 pm (Extended Hours)	\$45/\$50 \$5 Extended Hours

AFTER SCHOOL PROGRAM (Transportation available for Valley Christian, Horizon Science and Youngstown Community)

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	LOCATION	REGISTRATION FEE Members/Others
After School Program	Lea	Grades K-8	Central	Mon-Fri	3:00-6:30pm	Registration Fee \$30 \$75/\$80 Weekly** \$65/\$70 4-Days** \$250/\$275 Monthly** *\$15 late fee

CERTIFICATION/JOB TRAINING

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
CPR for the Healthcare Provider*	Chris	14+	February 17 March 15 Davis Training Room	Feb 17 5:00-8:00pm Mar 15 9:00am- 12:00pm	\$80 *Online & Classroom
First Aid*	Chris	14+	February 18 March 15 Davis	Feb 18-5:00-8:00pm Mar 15-1:00-4:00pm	\$80 *Online & Classroom
Lifeguard Training*	Lou	15+	Fri/Sat/Sun March 21-30	Friday 4:30-9:00pm Saturday 8:30am-4:00pm Sunday 12:30pm-5:00pm	\$225.00 Meets at Davis & Central *Online & Classroom

FACILITY RENTALS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Birthday Party Rentals	Lou	All	Saturday or Sunday	2:00-4:00 pm	\$250 (Plus \$100 Security Deposit) Visit YMCAyo.org for add-on options
Room Rentals	Lou	All	Varies	Varies	Starting at \$100 per hour Plus Security Deposit Call 330-742-4791 for availability

SPECIAL EVENTS

NAME OF PROGRAM	STAFF	AGE	DAY	LOCATION	TIME	REGISTRATION FEE Member/Others
22 Mile Swim Challenge Bali Shipwreck Coast Swim	Lou	14+	Feb 18– Mar 30	Central & Davis	Any time at either YMCA	\$20 Members Only
Underwater Egg Hunt	Lou	3-5 yrs 6-8 yrs 9-12 yrs	Saturday April 5	Davis Family Ymca	12:00-12:30pm 1:00-1:30pm 2:00-2:30pm	\$10/\$15 per child Family Fee: \$30/\$45 (4 or more children)

CONTACT INFORMATION:

Lou Grieco	330-742-4791 lgrieco@youngstownymca.org
Mike Brown	330-744-8411 ext.125 mbrown@youngstownymca.org
Lea Dotson	330-742-4788 ldotson@youngstownymca.org
Chris Hughes	330-480-5655 chughes@youngstownymca.org
Brittany Powers	330-744-8411 ext.154 bpowers@youngstownymca.org
Carl LaRosa	330-744-8411 ext.152 clarosa@youngstownymca.org
Melissa Klim	330-480-5656 ext.271 mklim@youngstownymca.org

Financial Assistance or program registration is available, you may also qualify for Free Youth Programming. Scan the QR Code for the application.



ONLINE REGISTRATION: Visit ymcayo.org and click "Register". Click the login tab, then select "click here to get a password". Enter your email address. A link will be emailed to create a password for your account. If your email address has changed or you didn't give us one when you joined, contact the Y and ask for your record to be updated.

This Program Registration Sheet only lists programs that require registration and payment. There are many more activities that are FREE and included in your membership. Check out YMCAyo.org, download the mobile app, or stop by the service desk for a list of classes included in your membership.

YMCAyo.org