

DAVIS THERAPY POOL

WINTER/SPRING

Effective Jan 6-May 25

	MON	TUE	WED	THU	FRI	SAT	SUN
5:00							
5:30							
6:00							
6:30							
7:00	OPEN 7:00-8:30	OPEN 7:00-8:30	OPEN 7:00-8:30	OPEN 7:00-8:30	OPEN 7:00-8:30	OPEN 7:30-9:00	
7:30							
8:00							
8:30	Closed for Mercy Health 8:30-11:30 am					SWIM LESSONS 9:00 am - 1:00 pm	
9:00							
9:30							
10:00							
10:30							
11:00							
11:30	*ARTHRITIS WATER EXERCISE 11:30-12:15	*ARTHRITIS WATER EXERCISE 11:30-12:15	*ARTHRITIS WATER EXERCISE 11:30-12:15	*ARTHRITIS WATER EXERCISE 11:30-12:15	*ARTHRITIS WATER EXERCISE 11:30-12:15		
12:00							
12:30	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-1:00	OPEN 12:15-2:00	OPEN 1:00-4:00	OPEN 1:00-4:00
1:00							
1:30	Closed for Mercy Health 1:00-5:00 pm						
2:00							
2:30							
3:00							
3:30							
4:00							
4:30	OPEN 5:00-5:30	SWIM LESSONS 5:00-5:30	OPEN 5:00-5:30	SWIM LESSONS 5:00-5:30	OPEN 5:00-5:30		
5:00							
5:30	*ARTHRITIS WATER EXERCISE 5:30-6:15	AQUA YOGA 5:45-6:30	*ARTHRITIS WATER EXERCISE 5:30-6:15	AQUA MOVEMENT 5:45-6:30	*ARTHRITIS WATER EXERCISE 5:30-6:15		
6:00							
6:30	OPEN 6:15-8:00	OPEN 6:30-8:00	OPEN 6:15-8:00	OPEN 6:30-8:00	OPEN 6:15-8:00		
7:00							
7:30							
8:00							
8:30							
9:00							

Therapy Pool is for Adults 18 and older only.

Pool is not available for use during Mercy Health's schedule, Arthritis Water Exercise, or Swim Lessons.

*Arthritis Class requires registration and a fee for the 6-week program session.

M/W/F Classes \$35/\$70

Tu/Th Classes \$22/\$44

Register online or at the Service Desk

Everyone must shower before using the pool facilities. Thank you!