DAVIS LAP POOL

FALL 2

Effective: October 20-November 30

	MON	TUE	WED	THU	FRI	SAT	SUN
5:00							
5:30							
6:00	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM		
6:30	F 00 AM	5.00.444	F 00 AM	F 00 444	F 00 AM		
7:00	5:00 AM -	5:00 AM -	5:00 AM -	5:00 AM -	5:00 AM -	LAP SWIM	
7:30	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	7:00 AM	
8:00						- 9:00 AM	
8:30						J:00 AM	-
9:00	WATER FITNESS 9:00-9:40 AM	AQUAROBICS 9:00-9:40 AM	WATER FITNESS 9:00-9:40 AM	AQUAROBICS 9:00-9:40 AM	WATER FITNESS 9:00-9:40 AM	CLOSED	
9:30						FOR	
10:00	LAP SWIM 9:45-10:40 AM	HYDRO BLAST 10:00-10:30 AM	LAP SWIM 9:45-10:40 AM	HYDRO BLAST 10:00-10:30 AM	LAP SWIM 9:45-10:40 AM	SWIM LESSONS	
10:30		ACTIVE OLDER ADULT		ACTIVE OLDER ADULT		9:00 AM	
11:00	WATER FITNESS 10:40-11:20 AM	WATER FITNESS 10:40-11:20 AM	WATER FITNESS 10:40-11:20 AM	WATER FITNESS 10:40-11:20 AM	WATER FITNESS 10:40-11:20 AM	– 12:00 PM	
11:30						12:00 FM	
12:00		OPEN SWIM					
12:30		11:30 AM -					
1:00		2:00 PM					
1:30				OPEN SWIM			
2:00		CLOSED FOR SWIM LESSONS 2:00-2:30 PM	OPEN SWIM	11:30 AM -	OPEN SWIM	OPEN SWIM	OPEN SWIM
2:30		2.00 2.00 1.11		5:00 PM		12:00 PM	OPLIN SWIM
3:00		OPEN SWIM	11:30 AM -		11:30 AM -	-	12:30 PM
3:30	OPEN SWIM	2:30 PM	6:30 PM		6:30 PM	6:00 PM	- 6:00 PM
4:00		5:00 PM					U:UU FM
4:30	11:30 AM -						
5:00	9:00 PM						
5:30		CLOSED FOR		CLOSED FOR			
6:00		SWIM LESSONS 5:00-7:30 PM		CLOSED FOR SWIM LESSONS 5:00-7:30 PM			
6:30		3.00 7.30 PM	MACTERS	3.00 7.30 TM	MACTERS		
7:00			MASTERS SWIM 6:30-8:00 PM		MASTERS SWIM 6:30-8:00 PM		
7:30		AQUA		AQUA			
8:00		BOOT CAMP 7:30-8:15 PM		BOOT CAMP 7:30-8:15 PM			
8:30		OPEN SWIM	OPEN SWIM 8:00-9:00 PM	OPEN SWIM	OPEN SWIM 8:00-9:00 PM		
9:00		8:15-9:00 PM		8:15-9:00 PM			

During Lap Swim, at least 4 lanes will be available.

During Open Swim and Programming, at least 1 lane will be available.

Lane sharing is encouraged, bur circle swimming prevails.

The lifeguards clear the pool every hour, children under the age of 18 must exit the pool for 10 minutes for pool check. It is recommended that everyone showers before using the pool facilities. Thank you!