

DAVIS THERAPY POOL

FALL 2

Effective October 20–November 30

	MON	TUE	WED	THU	FRI	SAT	SUN
5:00							
5:30							
6:00							
6:30							
7:00	OPEN 7:00–8:30 AM	OPEN 7:00–8:30 AM	OPEN 7:00–8:30 AM	OPEN 7:00–8:30 AM	OPEN 7:00–8:30 AM	OPEN 7:30–9:00 AM	
7:30							
8:00							
8:30	CLOSED FOR MERCY HEALTH 8:30–11:30 AM					SWIM LESSONS 9:00 AM – 1:00 PM	
9:00							
9:30							
10:00							
10:30							
11:00							
11:30	*ARTHRITIS WATER EXERCISE 11:30 AM–12:15 PM	*ARTHRITIS WATER EXERCISE 11:30 AM–12:15 PM	*ARTHRITIS WATER EXERCISE 11:30 AM–12:15 PM	*ARTHRITIS WATER EXERCISE 11:30 AM–12:15 PM	*ARTHRITIS WATER EXERCISE 11:30 AM–12:15 PM		
12:00							
12:30							
1:00	OPEN 12:15–1:00 PM	OPEN 12:15–1:00 PM	OPEN 12:15–1:00 PM	OPEN 12:15–1:00 PM		OPEN 1:00 – 4:00 PM	OPEN 1:00 – 4:00 PM
1:30	CLOSED FOR MERCY HEALTH 1:00–5:00 PM						
2:00							
2:30							
3:00							
3:30							
4:00							
4:30	OPEN 5:00 – 8:00 PM	SWIM LESSONS 5:00–5:45 PM	SWIM LESSONS 5:00–6:30 PM	SWIM LESSONS 5:00–5:45 PM			
5:00		AQUA YOGA/ MOVEMENT 5:45–6:30 PM		AQUA YOGA/ MOVEMENT 5:45–6:30 PM			
5:30		OPEN 6:30–8:00 PM	OPEN 6:30–8:00 PM	OPEN 6:30–8:00 PM			
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							

- During open times, must be 18 or older if not accompanied by an instructor.
- *Arthritis Water Exercise requires registration.

M/W/F for 6 Weeks \$35 Members / \$70 Non Members
Tu/Th for 6 Weeks \$24 Members / \$48 Non Members

- Pool is not available during Mercy Health’s schedule or during scheduled programming.
- It is recommended that everyone showers before using the pool facilities. Thank you!