

#### PROGRAM REGISTRATION - DAVIS FAMILY YMCA - FALL 2 & HOLIDAY 2025

SESSIONS

FALL 2 OCT 20-NOV 30 HOLIDAY DEC 1-JAN 4 REGISTRATION Members Non-Members Late Fee

FALL 2

HOLIDAY

OCT 6

OCT 6

OCT 13 OCT 13 OCT 20 DEC 1

Updated 11/06/2025

#### **SWIM LESSONS**

NAME OF CLASS	STAFF	AGE	DAY	TIME	FALL 2 MEMBERS/OTHERS	HOLIDAY
5 : 5:			Tuesday	5:00-5:30 PM	\$35/\$70	
Swim Starters-Parent/Child	Jenna	6-36 mos	Thursday	10:50-11:20 AM	\$30/\$60*	
A: Water Discovery			Saturday	9:40-10:10 AM	\$35/\$70	
			Wednesday	10:50-11:20 AM	\$35/\$70	
Swim Starters-Parent/Child	Jenna	6-36 mos	Thursday	5:00-5:30 PM	\$30/\$60*	
B: Water Exploration			Saturday	9:00-9:30 AM	\$35/\$70	
			Tuesday	5:00-5:40 PM	\$35/\$70	
Swim Basics-Parent/Child	Jenna	2-5 yrs	Thursday	5:50-6:30 PM	\$30/\$60*	
1: Water Acclimation			Saturday	9:00-9:40 AM	\$35/\$70	
			Tuesday	5:00-5:40 PM	\$35/\$70	
			Tuesday	5:50-6:30 PM	\$35/\$70	
Swim Basics-Preschool  1: Water Acclimation	Jenna	3-5 yrs	Thursday	5:50-6:30 PM	\$30/\$60*	
			Saturday	9:50-10:30 AM	\$35/\$70	
			Saturday	10:40-11:20 AM	\$35/\$70	
		3-5 yrs	Tuesday	1:00-1:40 PM	\$35/\$70	
Swim Basics-Preschool 2: Water Movement			Tuesday	5:00-5:40 PM	\$35/\$70	
			Tuesday	5:50-6:30 PM	\$35/\$70	
	Jenna		Thursday	5:00-5:40 PM	\$30/\$60*	
			Thursday	5:50-6:30 PM	\$30/\$60*	
			Saturday	9:50-10:30 AM	\$35/\$70	
			Saturday	10:40-11:20 AM	\$35/\$70	
Sodar Basica Burashard		3-5 yrs	Tuesday	5:50-6:30 PM	\$35/\$70	
Swim Basics-Preschool	Jenna		Thursday	5:00-5:40 PM	\$30/\$60*	
3: Water Stamina			Saturday	10:40-11:20 AM	\$35/\$70	
			Tuesday	6:40-7:20 PM	\$35/\$70	
Swim Basics-Youth			Thursday	6:40-7:20 PM	\$30/\$60*	
1: Water Acclimation	Jenna	6-12 yrs	Saturday	9:00-9:40 AM	\$35/\$70	
			Saturday	9:50-10:30 AM	\$35/\$70	
			Tuesday	6:40-7:20 PM	\$35/\$70	
Swim Basics-Youth			Thursday	6:40-7:20 PM	\$30/\$60*	
2: Water Movement	Jenna	6-12 yrs	Saturday	9:00-9:40 AM	\$35/\$70	
			Saturday	9:50-10:30 AM	\$35/\$70	
			Tuesday	6:40-7:20 PM	\$35/\$70	
Swim Basics-Youth	Jenna	6-12 yrs	Thursday	6:40-7:20 PM	\$30/\$60*	
3: Water Stamina			Saturday	9:00-9:40 AM	\$35/\$70	
			Tuesday	5:50-6:30 PM	\$35/\$70	
Swim Strokes-Youth	Jenna	6-12 yrs	Thursday	5:50-6:30 PM	\$30/\$60*	
4: Stroke Introduction	Jenna		Saturday	9:00-9:40 AM	\$35/\$70	
			Jaturuay	3:00-3:40 AM	#33/#/U	

### **SWIM LESSONS** continued

NAME OF CLASS	STAFF	AGE	DAY	TIME	FALL 2 MEMBERS/OTHERS	HOLIDAY MEMBERS/OTHERS
Swim Strokes-Youth	Jenna	6 13 vma	Tuesday	6:40-7:20 PM	\$35/\$70	
5: Stroke Development	Jenna	6-12 yrs	Saturday	10:40-11:20 AM	\$35/\$70	
Swim Strokes-Youth 6: Stroke Mechanics	Jenna	6-12 yrs	Thursday	6:40-7:20 PM	\$30/\$60*	
Swim Basics –Teen/Adult	Jenna	13+ yrs	Thursday	5:00-5:40 PM	\$30/\$60*	
Swim Basics —Family Group (Up to 4 members) *Children under 3 must have adult accompaniment in the water	Jenna	All	Saturday	11:30 AM12:00 PM	\$125/\$175	
			Wednesday	4:30-5:00 PM	\$35/\$70	
			Wednesday	5:15-5:45 PM	\$35/\$70	
Diverse Abilities Adaptive Swim			Wednesday	6:00-6:30 PM	\$35/\$70	
Lessons (DAASL) For Children with	Jenna		Saturday	10:30-11:00 AM	\$35/\$70	
Special Needs			Saturday	11:10-11:40 AM	\$35/\$70	
			Saturday	11:50 AM-12:20 PM	\$35/\$70	
			Saturday	12:30-1:00 PM	\$35/\$70	

# AQUATIC SPECIALTY PROGRAMS (Not on 6-week session schedule)

NAME OF CLASS	STAFF	AGE	LOCATION	DAY TIME		REGISTRATION FEE MEMBER/OTHERS
Home School Gym & Swim	Chrissy	5-12 yrs	DAVIS	Tuesdays	1:00-2:30 PM	\$75/\$100
Masters Swim Team	Ed	18+	вотн	September-April	Time Varies Based On Location	\$60/Members Visit YMCAyo.org/aquatics for more information
Private Swim Lessons	Jenna	3+	вотн	Varies	Schedule with Instructor	1 Session (1 person) \$20/\$30 Semi-Private (2 people) \$17/25 each
Junior Lifeguard	Lou	12-15	DAVIS	Tuesday	7:00-8:30 PM	\$50/\$60 Annually

# ARTS & HUMANITIES (No Art Classes on Thursday/Friday/Saturday the week of Thanksgiving)

PROGRAM	STAFF	AGE	DAY	TIME	ROOM	FALL 2 MEMBERS/OTHERS	HOLIDAY MEMBERS/OTHERS
Art Outside the Lines	Suzanne	16+	Sunday	1:30 PM-2:30 PM	Art Studio	\$30/\$60	
Painting - Adult	Suzanne	16+	Tuesday	1:00-3:00 PM	Art Studio	\$50/\$100	
Painting - Adult	Suzanne	16+	Thursday	3:00-4:30 PM	Art Studio	\$38/\$76*	
Pottery	Suzanne	16+	Tuesday	4:30-6:00 PM	Art Studio	\$60/\$120	
Watercolor: Beginner	Suzanne	16+	Friday	10:00 AM-12:00 PM	Art Studio	\$42/\$84*	
Watercolor: Intermediate/Advanced	Suzanne	16+	Friday	12:00-2:00 PM	Art Studio	\$42/\$84*	
Drawing: Pen & Ink	Suzanne	18+	Wednesday	5:00-7:00 PM	Art Studio	\$50/\$100	
Anime	Suzanne	9+	Friday	3:30-4:30 PM	Art Studio	\$30/\$60*	
Mixed Media	Suzanne	18+	Friday	5:00-7:00 PM	Art Studio	\$42/\$84*	
Youth Art	Suzanne	5-8 yrs	Monday	5:00-5:45 PM	Art Studio	\$35/\$70	
Youth Art	Suzanne	9-14 yrs	Monday	6:00-7:00 PM	Art Studio	\$35/\$70	
Drawing/Mixed Media	Suzanne	16+	Friday	4:00-6:00 PM	Art Studio		\$25/\$50 12/5,12/12, & 12/19

## **ARTS & HUMANITIES SPECIALTY EVENTS**

NAME OF EVENT	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBER/OTHERS
BIKWIL "But I Know What I Like"	Suzanne	ALL	Sunday October 5th	1:00-2:30 PM	Open to the Community

## **GROUP FITNESS**

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	ROOM	FALL 2 MEMBER/OTHERS	HOLIDAY MEMBER/OTHERS
Arthritis Water Exercise	Ed	14+	M/W/F	11:30 AM-12:15 PM	Therapy Pool	\$35/\$70	\$18/\$35
Arthritis Water Exercise	Ed	14+	Tue/Thu	11:30 AM-12:15 PM	Therapy Pool	\$20/\$40*	\$12/\$24
Bodhi Suspension Training	Leslie	14+	Saturday	10:00 -10:55 AM	Spinning Room	\$45/\$60	\$45/\$60
Pilates Reformer 1 Training	Leslie	14+	Monday	9:30-10:25 AM	Group Fit Studio 1	\$75/\$100	\$38/\$50
Pilates Reformer 1 Training	Leslie	14+	Monday	4:15-5:10 PM	Group Fit Studio 1	\$75/\$100	\$38/\$50
Pilates Reformer 1 Training	Leslie	14+	Monday	5:30-6:25 PM	Group Fit Studio 1	\$75/\$100	\$38/\$50
Pilates Reformer 1 Training	Leslie	14+	Tuesday	10:00-10:55 AM	Group Fit Studio 1	\$75/\$100	\$38/\$50
Pilates Reformer 1 Training	Leslie	14+	Thursday	10:00-10:55 AM	Group Fit Studio 1	\$65/\$85*	\$38/\$50
Pilates Reformer 1 Training	Leslie	14+	Thursday	6:45-7:40 PM	Group Fit Studio 1	\$65/\$85*	\$38/\$50
Pilates Reformer 1 Training	Leslie	14+	Friday	9:00-9:55 AM	Group Fit Studio 1	\$65/\$85*	\$38/\$50
Pilates Reformer 1 Training	Leslie	14+	Saturday	8:30-9:25 AM	Group Fit Studio 1	\$75/\$100	\$38/\$50
Pilates Reformer 2 Training	Leslie	14+	Monday	8:15-9:10 AM	Group Fit Studio 1	\$75/\$100	\$38/\$50
Pilates Reformer 2 Training	Leslie	14+	Tuesday	11:30 AM-12:15 PM	Group Fit Studio 1	\$75/\$100	\$38/\$50
Pilates Reformer 2 Training	Leslie	14+	Wednesday	9:30-10:25 AM	Group Fit Studio 1	\$75/\$100	\$38/\$50
Pilates Reformer 2 Training	Leslie	14+	Thursday	5:30-6:25 PM	Group Fit Studio 1	\$65/\$85*	\$38/\$50
Pilates Reformer AOA Training	Leslie	14+	Monday	11:00-11:55 AM	Group Fit Studio 1	\$75/\$100	\$38/\$50
Pilates Reformer AOA Training	Leslie	14+	Wednesday	11:00-11:55 AM	Group Fit Studio 1	\$75/\$100	\$38/\$50
Pickleball Training	Tamra	18+	Thursdays	12:00-1:00 PM	Gym Court 2	\$10/Members	
Pickleball Training	Tamra	18+	Thursdays	1:00-2:00 PM	Gym Court 2	\$10/Members	

### **HEALTH & WELLNESS**

PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBER/OTHERS
LIVESTRONG AT THE YMCA	Larry	18+ For Cancer Survivors	Now Registering	12-Week Program	\$0/\$0 Registration Required Ijensen@youngstownymca.org
Total Parkinson's Program	Larry	18+ For those diagnosed with Parkinson's	Now Registering	12-Week Program	\$0/\$80 Registration Required Ijensen@youngstownymca.org

## FITNESS TRAINING

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBER/OTHERS		
Personal Training (1 Person) or (2 People)	Larry	14+	Participant's Choice	Schedule with Trainer	1 Person 2 People	1 Session \$35/\$55 4 Sessions \$133/\$209 8 Sessions \$252/\$396 12 Sessions \$357/\$561  1 Session \$30/\$50 each 4 Sessions \$114/\$190 each 8 Sessions \$216/\$360 each 12 Sessions \$306/\$510 each	
Pilates Reformer Personal Training	Larry	14+	Participant's Choice	Schedule with Trainer	1 Person 2 people	1 Session \$45/\$55 10 Sessions \$400/\$500 1 Session \$30/\$35 each 10 Sessions \$250/\$300 each	
Tanita Body Composition Analysis	Larry	14+	Participant's Choice	Schedule with Trainer		\$20/\$35 Register at Desk	
Movin' On Up Training	Larry	13 yrs	Participant's Choice	Schedule with Trainer		\$10/Members Only Register at Desk	

## PRESCHOOL PROGRAM Registration for 2025-2026 Preschool Year

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBER/OTHERS
Little Learners	Adele	2-3 yrs with parent	Tue/Thu	10:30 AM-12:30 PM	\$35/\$70
Preschool 3 year old class	Adele	3 yrs	Tue/Thu	9:00 AM-12:00 PM 9:30 AM-12:30 PM 10:00 AM-1:00 PM	\$95 Registration Fee Then \$135/\$155 Monthly Fee
Preschool 4 year old class	Adele	4 yrs	Mon/Wed/Fri	9:00 AM-12:00 PM 9:30 AM-12:30 PM 10:00 AM-1:00 PM	\$95 Registration Fee Then \$165/\$185 Monthly Fee

# **AFTER SCHOOL PROGRAM** Transportation available for Boardman Students

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBER/OTHERS
After School Program	Chrissy	6–12 yrs	Mon-Fri	2:30-6:00 PM	Registration Fee \$30 \$250/\$275 Monthly** \$75/\$80 Weekly** \$65/\$70 4-Days**

\$15 Late Fee\*

#### **YOUTH-SPECIAL PROGRAMS**

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBER/OTHERS
Leaders Club	Chrissy	13-17 yrs	Tuesdays	6:00-7:00 PM	\$50/\$75 Annual Fee 2025–2026 School Year Community Room 2–Starts Sep 16
Lego Club	Chrissy	4-6 yrs 7-9 yrs 10-12 yrs	Tuesdays	5:30-6:00 PM 6:00-6:30 PM 6:30-7:00 PM	\$0/\$25 Rec Room
Off School Camp at the YMCA	Chrissy	6-12 yrs	Oct 24 Nov 26 Dec 23 Dec 26 Dec 30	9:00-4:00 PM	\$45/\$50 Per Day Extended Hours Available \$5 (7-9 AM or 4-6 PM)
Off School Camp with Field Trip	Chrissy	6-12yrs	Oct 10-Park City Nov 28-Niles Extreme Air Dec 22– Camelot Lanes Dec 29– Confetti House	9:00-4:00 PM	\$75/\$90 Per Field Trip Day Extended Hours Available \$5 (7–9 AM or 4–6 PM)

#### **YOUTH SPORTS & MORE**

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	ROOM	FALL 2 MEMBERS/OTHERS	HOLIDAY MEMBERS/OTHERS
Getting Fit	Larry	6-8 yrs 9-11 yrs	Tuesday	6:00-6:45 PM 7:00-7:45 PM	Multi-Purpose Room/Youth Fitness	\$35/\$70	
Soccer Fundamentals	Chrissy	5-6 yrs 7-8 yrs	Wednesday	5:30-6:15 PM 6:30-7:15 PM	Turf Field	\$35/\$70	
Lacrosse Fundamentals	Chrissy	5-6 yrs 7-8 yrs	Tuesday	5:30-6:15 PM 6:30-7:15 PM	Turf Field	\$35/\$70	
Flag Football Fundamentals	Chrissy	5-6 yrs 7-8 yrs	Monday	5:30-6:15 PM 6:30-7:15 PM	Turf Field	\$35/\$70	

# **FAMILY PROGRAMS**

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBER/OTHERS
Birthday Party Rentals	Ed	Members Only	Saturdays Sundays	2:00-5:00 PM	\$350 Members Only (Includes \$100 Security Deposit)
Parents Night Out	Adele	4 -10 yrs	Fridays Sep 19 Oct 17 Nov 21	5:00-8:00 PM	1st Child \$35/\$45, Additional Child \$25/\$35 Please register by 5 pm on the prior day

### **SPECIAL EVENTS**

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBER/OTHERS
Dunkin For Pumpkins	Ed	3+	Saturday October 18	12:00-3:00 PM	\$10/\$15 per child Or Family Fee \$30/\$45* *4 or more Children
DAASL Dunk For Children with Special Needs	Ed		Sunday October 19	12:30 PM	\$10/\$15 per child Or Family Fee \$30/\$45* *4 or more Children
Trunk Or Treat	Chrissy	0-12 yrs	Sunday October 19	5:00-7:00 PM	Free & Open to the Community *Registration Required for Trunks & Treaters Davis Family YMCA Parking Lot
Holiday Challenge	Larry	14+	Nov 17-Jan 5	All Day	Free Members Only

## **CERTIFICATION/JOB TRAINING**

NAME OF PROGRAM	STAFF	AGE	DAY/TIME	LOCATION	REGISTRATION FEE
Lifeguard Training	Kelsey	15+	Nov 7 - Nov 16 Fri 4:30 PM-9:00 PM Sat 8:30 AM-4:00 PM Sun 1:00 PM-5:30 PM	Davis/Central *Must complete online training before attending	\$175 (\$200 if registered within 7 days of class start)
Basic Life Support provided by ASHI (CPR for the Professional Rescuer)	Kelsey	14+	Monday, Oct 13 9:00 AM-12:00 PM	Central *Must complete online training before attending	\$80
Basic Life Support provided by ASHI (CPR for the Professional Rescuer)	Kelsey	14+	Saturday, Nov 1 9:00 AM-12:00 PM	Davis *Must complete online training before attending	\$80
Basic Life Support Full in Person	Kelsey	14+	Monday, Dec 8 9:00 AM-5:00 PM	Central	\$80
First Aid provided by ASHI	Kelsey	14+	Monday, Oct 13 Mon 12:30 PM-3:30 PM	Davis *Must complete online training before attending	\$50
First Aid provided by ASHI	Kelsey	14+	Saturday, Nov 1 Sat 12:30-3:30 PM	Davis *Must complete online training before attending	\$50

#### **DAVIS STAFF CONTACT INFORMATION**

NAME	PHONE	EMAIL
Adele Taylor	330 480 5657	ataylor@youngstownymca.org
Chrissy Flasher	330 480 5658	cflasher@youngstownymca.org
Ed Metzinger	330 480 5665	emetzinger@youngstownymca.org
Jenna Benson	330 480 5656 Ext 250	jbenson@youngstownymca.org
Kelsey Lyda	330 480 5661	klyda@youngstownymca.org
Larry Jensen	330 480 5659	ljensen@youngstownymca.org
Leslie Summers	330 480 5656 Ext 271	lsummers@youngstownymca.org
Suzanne Gray	330 480 5656 Ext 247	sgray@youngstownymca.org