



PROGRAM REGISTRATION - DAVIS FAMILY YMCA - WINTER 1 SESSION 2026

WINTER SESSIONS

WINTER 1 Jan 5-Feb 15
WINTER 2 Feb 16-Mar 29

REGISTRATION BEGINS

	Members	Others	Late Fee
WINTER 1	Nov 24	Dec 1	Jan 5
WINTER 2	Feb 2	Feb 9	Feb 16

SWIM LESSONS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	WINTER 1 MEMBERS/OTHERS	WINTER 2 MEMBERS/OTHERS
Swim Starters-Parent/Child A: Water Discovery	Jenna	6-36 mos	Tuesdays	5:00-5:30 PM	\$35/\$70	\$35/\$70
			Thursdays	10:50-11:20 AM	\$35/\$70	\$35/\$70
			Saturdays	9:40-10:10 AM	\$35/\$70	\$35/\$70
Swim Starters-Parent/Child B: Water Exploration	Jenna	6-36 mos	Wednesdays	10:50-11:20 AM	\$35/\$70	\$35/\$70
			Thursdays	5:00-5:30 PM	\$35/\$70	\$35/\$70
			Saturdays	9:00-9:30 AM	\$35/\$70	\$35/\$70
Swim Basics-Parent/Child 1: Water Acclimation	Jenna	2-5 yrs	Tuesdays	5:00-5:40 PM	\$35/\$70	\$35/\$70
			Thursdays	5:50-6:30 PM	\$35/\$70	\$35/\$70
			Saturdays	9:00-9:40 AM	\$35/\$70	\$35/\$70
Swim Basics-Preschool 1: Water Acclimation	Jenna	3-5 yrs	Tuesdays	5:00-5:40 PM	\$35/\$70	\$35/\$70
			Tuesdays	5:50-6:30 PM	\$35/\$70	\$35/\$70
			Thursdays	5:50-6:30 PM	\$35/\$70	\$35/\$70
			Saturdays	9:50-10:30 AM	\$35/\$70	\$35/\$70
			Saturdays	10:40-11:20 AM	\$35/\$70	\$35/\$70
Swim Basics-Preschool 2: Water Movement	Jenna	3-5 yrs	Tuesdays	1:00-1:40 PM	\$35/\$70	\$35/\$70
			Tuesdays	5:00-5:40 PM	\$35/\$70	\$35/\$70
			Tuesdays	5:50-6:30 PM	\$35/\$70	\$35/\$70
			Thursdays	5:00-5:40 PM	\$35/\$70	\$35/\$70
			Thursdays	5:50-6:30 PM	\$35/\$70	\$35/\$70
			Saturdays	9:50-10:30 AM	\$35/\$70	\$35/\$70
			Saturdays	10:40-11:20 AM	\$35/\$70	\$35/\$70
Swim Basics-Preschool 3: Water Stamina	Jenna	3-5 yrs	Tuesdays	5:50-6:30 PM	\$35/\$70	\$35/\$70
			Thursdays	5:00-5:40 PM	\$35/\$70	\$35/\$70
			Saturdays	10:40-11:20 AM	\$35/\$70	\$35/\$70
Swim Basics-Youth 1: Water Acclimation	Jenna	6-12 yrs	Tuesdays	6:40-7:20 PM	\$35/\$70	\$35/\$70
			Thursdays	6:40-7:20 PM	\$35/\$70	\$35/\$70
			Saturdays	9:00-9:40 AM	\$35/\$70	\$35/\$70
			Saturdays	9:50-10:30 AM	\$35/\$70	\$35/\$70
Swim Basics-Youth 2: Water Movement	Jenna	6-12 yrs	Tuesdays	6:40-7:20 PM	\$35/\$70	\$35/\$70
			Thursdays	6:40-7:20 PM	\$35/\$70	\$35/\$70
			Saturdays	9:00-9:40 AM	\$35/\$70	\$35/\$70
			Saturdays	9:50-10:30 AM	\$35/\$70	\$35/\$70
Swim Basics-Youth 3: Water Stamina	Jenna	6-12 yrs	Tuesdays	6:40-7:20 PM	\$35/\$70	\$35/\$70
			Thursdays	6:40-7:20 PM	\$35/\$70	\$35/\$70
			Saturdays	9:00-9:40 AM	\$35/\$70	\$35/\$70
Swim Strokes-Youth 4: Stroke Introduction	Jenna	6-12 yrs	Tuesdays	5:50-6:30 PM	\$35/\$70	\$35/\$70
			Thursdays	5:50-6:30 PM	\$35/\$70	\$35/\$70
			Saturdays	9:00-9:40 AM	\$35/\$70	\$35/\$70

SWIM LESSONS continued

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	WINTER 1 MEMBERS/OTHERS	WINTER 2 MEMBERS/OTHERS
Swim Strokes–Youth 5: Stroke Development	Jenna	6–12 yrs	Tuesdays	6:40–7:20 PM	\$35/\$70	\$35/\$70
			Saturdays	10:40–11:20 AM	\$35/\$70	\$35/\$70
Swim Strokes–Youth 6: Stroke Mechanics	Jenna	6–12 yrs	Thursdays	6:40–7:20 PM	\$35/\$70	\$35/\$70
Swim Basics–Teen/Adult	Jenna	13+ yrs	Thursdays	5:00–5:40 PM	\$35/\$70	\$35/\$70
Swim Basics –Family Group (Up to 4 members) Children under 3 must have adult accompaniment in the water	Jenna	All	Saturdays	11:30 AM–12:00 PM	\$125/\$175	\$125/\$175
Diverse Abilities Adaptive Swim Lessons (DAASL) for children with Special Needs	Jenna		Saturdays	10:30–11:00 AM	\$35/\$70	\$35/\$70
			Saturdays	11:10–11:40 AM	\$35/\$70	\$35/\$70
			Saturdays	11:50 AM–12:20 PM	\$35/\$70	\$35/\$70
			Saturdays	12:30–1:00 PM	\$35/\$70	\$35/\$70
			Wednesdays	4:30–5:00 PM	\$35/\$70	\$35/\$70
			Wednesdays	5:15–5:45 PM	\$35/\$70	\$35/\$70
			Wednesdays	6:00–6:30 PM	\$35/\$70	\$35/\$70

AQUATIC SPECIALTY PROGRAMS (Not on 6-week session schedule)

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBERS/OTHERS
Masters Swim Team	Ed	18+	Sep–Apr	Time Varies Based On Location	\$60/Members Visit YMCAyo.org/aquatics for more information
Private Swim Lessons	Jenna	3 +	Varies	Schedule with Instructor	1 Session (1 person) \$22/\$32 Semi-Private (2 people) \$17/\$27 each

ARTS & HUMANITIES

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	ROOM	WINTER 1 MEMBERS/OTHERS	WINTER 2 MEMBERS/OTHERS
Painting: Adult	Suzanne	18+	Tuesdays	1:00–3:00 PM	Art Studio	\$60/\$110	\$60/\$110
Painting: Adult	Suzanne	18+	Thursdays	2:00–3:30 PM	Art Studio	\$50/\$100	\$50/\$100
Watercolor: Beginner	Suzanne	18+	Fridays	10:00 AM–12:00 PM	Art Studio	\$60/\$110	\$60/\$110
Watercolor: Intermediate/Advanced	Suzanne	18+	Fridays	12:00 PM–2:00 PM	Art Studio	\$60/\$110	\$60/\$110
Pottery: Adult Limit 8 Students All Supplies Provided	Suzanne	18+	Tuesday	4:30–6:30 PM	Art Studio	\$75/\$150	
Pottery: Adult Limit 8 Students All Supplies Provided	Suzanne	18+	Monday	TBD	Art Studio		\$75/\$150
Drawing: Pen & Ink	Suzanne	18+	Wednesdays	5:00–7:00 PM	Art Studio	\$60/\$110	\$60/\$110
Mixed Media	Suzanne	18+	Fridays	5:30–7:30 PM	Art Studio	\$50/\$100	\$50/\$100
Art Outside the Lines	Suzanne	16+	Saturdays	10:00–11:00 AM	Art Studio	\$37/\$74	\$37/\$74
Youth Art	Suzanne	5–8 yrs 9–14 yrs	Mondays	5:00–5:45 PM 6:00–7:00 PM	Art Studio	\$40/\$80	\$40/\$80
Anime	Suzanne	9+	Fridays	4:00–5:00 PM	Art Studio	\$35/\$70	\$35/\$70
Homeschool Art Class	Suzanne	6–10 yrs	Thursdays	11:00 AM–12:00 PM	Art Studio	\$40/\$80	\$40/\$80

ART & HUMANITIES SPECIALTY PROGRAMS & EVENT

NAME OF EVENT	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBER/OTHERS
Postscript Art Show & Sale	Suzanne	ALL	Sunday Feb 8	1:00–2:30 PM	Free and Open to the Community

GROUP FITNESS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	ROOM	WINTER 1 MEMBERS/OTHERS	WINTER 2 MEMBERS/OTHERS
Arthritis Water Exercise	Ed	14+	M/W/F	11:30 AM-12:15 PM	Therapy Pool	\$35/\$70	\$35/\$70
Arthritis Water Exercise	Ed	14+	Tue/Thu	11:30 AM-12:15 PM	Therapy Pool	\$22/\$44	\$22/\$44
Bodhi Suspension Training	Leslie	14+	Saturday	10:00 -10:55 AM	Spinning Room	\$45/\$60	\$45/\$60
Pilates Reformer 1 Training	Leslie	14+	Monday	9:30-10:25 AM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 1 Training	Leslie	14+	Monday	4:15-5:10 PM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 1 Training	Leslie	14+	Monday	5:30-6:25 PM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 1 Training	Leslie	14+	Tuesday	10:00-10:55 AM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 1 Training	Leslie	14+	Thursday	10:00-10:55 AM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 1 Training	Leslie	14+	Thursday	4:15 -5:10 PM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 1 Training	Leslie	14+	Thursday	6:45-7:40 PM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 1 Training	Leslie	14+	Friday	9:00-9:55 AM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 1 Training	Leslie	14+	Saturday	8:30-9:25 AM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 2 Training	Leslie	14+	Monday	8:15-9:10 AM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 2 Training	Leslie	14+	Tuesday	11:30 AM-12:15 PM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 2 Training	Leslie	14+	Wednesday	9:30-10:25 AM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 2 Training	Leslie	14+	Thursday	5:30-6:25 PM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer 2/3 Training	Leslie	14+	Saturday	11:15 AM-12:10 PM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer AOA Training	Leslie	14+	Monday	11:00-11:55 AM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer AOA Training	Leslie	14+	Wednesday	11:00-11:55 AM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pilates Reformer AOA Training	Leslie	14+	Thursday	11:30 AM-12:15 PM	Group Fit Studio 1	\$75/\$100	\$75/\$100
Pickleball Training	Chrissy	18+	Thursdays	12:00-1:00 PM	Gym Court 2	\$10/Members	\$10/Members
Pickleball Training	Chrissy	18+	Thursdays	1:00-2:00 PM	Gym Court 2	\$10/Members	\$10/Members

HEALTH & WELLNESS

PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBERS/OTHERS
LIVESTRONG AT THE YMCA	Larry	18+ For Cancer Survivors	Now Registering	12-Week Program	\$0/\$0 Registration Required ljensen@youngstownymca.org
Total Parkinson's Program	Larry	18+ For those diagnosed with Parkinson's	Now Registering	12-Week Program	\$0/\$80 Registration Required ljensen@youngstownymca.org

FITNESS TRAINING

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBERS/OTHERS
Personal Training (1 Person) or (2 People)	Larry	14+	Participant's Choice	Schedule with Trainer	<div>1 Person</div> <div>1 Session \$35/\$55</div> <div>4 Sessions \$133/\$209</div> <div>8 Sessions \$252/\$396</div> <div>12 Sessions \$357/\$561</div> <div>2 People</div> <div>1 Session \$30/\$50 each</div> <div>4 Sessions \$114/\$190 each</div> <div>8 Sessions \$216/\$360 each</div> <div>12 Sessions \$306/\$510 each</div>
Pilates Reformer Personal Training	Larry	14+	Participant's Choice	Schedule with Trainer	<div>1 Person</div> <div>1 Session \$45/\$55</div> <div>10 Sessions \$400/\$500</div> <div>2 people</div> <div>1 Session \$30/\$35 each</div> <div>10 Sessions \$250/\$300 each</div>
Tanita Body Composition Analysis	Larry	14+	Participant's Choice	Schedule with Trainer	\$20/\$35 Register at Desk
Movin' On Up Training	Larry	13 yrs	Participant's Choice	Schedule with Trainer	\$10/Members Only Register at Desk

PRESCHOOL PROGRAM

Registration for 2026-2027 Preschool year begins 2/2 for Members and 2/9 for Others

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBERS/OTHERS
Little Learners	Adele	2-3 yrs with parent	Tue/Thu	10:30 AM-12:30 PM	\$35/\$70
Preschool 3 year old class	Adele	3 yrs	Tue/Thu	9:00 AM-12:00 PM 9:30 AM-12:30 PM 10:00 AM-1:00 PM	\$95 Registration Fee Then \$140/\$160 Monthly Fee
Preschool 4 year old class	Adele	4 yrs	Mon/Wed/Fri	9:00 AM-12:00 PM 9:30 AM-12:30 PM 10:00 AM-1:00 PM	\$95 Registration Fee Then \$170/\$190 Monthly Fee

AFTER SCHOOL PROGRAM

Transportation available for Boardman Students

NAME OF PROGRAM	STAFF	AGE	LOCATION	DAY	TIME	REGISTRATION FEE MEMBERS/OTHERS
After School Program	Chrissy	Grades K-6	Davis	Mon-Fri	2:30-6:00 PM	Registration Fee \$30 \$75/\$80 Weekly** \$65/\$70 4-Days**

YOUTH-SPECIAL PROGRAMS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBERS/OTHERS
Homeschool Gym & Swim	Chrissy	6-17 yrs	Tuesdays Jan 7-Mar 25	1:00-3:00 PM	\$75/\$100
Leaders Club	Chrissy	12-17 yrs	Tuesday	6:00-7:30 PM	\$50/\$75 Annual Fee 2024-2025 School Year Community Room 2
Lego Club	Chrissy	4-6 yrs 7-9 yrs 10-13 yrs	Tuesday	5:30-6:00 PM 6:00-6:30 PM 6:30-7:00 PM	\$0/\$25 Rec Room
Off School Camp at the YMCA	Chrissy	6-13 yrs	Nov 26 Dec 23, 26, 30 Jan 2 Jan 16	9:00-4:00 PM	\$45/\$50 Per Day Extended Hours Available \$5 per hour (7-9 AM / 4-6 PM)
Off School Camp with Field Trip	Chrissy	6-13yrs	Nov 28 Dec 22 Dec 29 Jan 19	9:00-4:00 PM	\$75/\$90 Per Field Trip Day Extended Hours Available \$5 per hour (7-9 AM / 4-6 PM)

YOUTH SPORTS & MORE

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	ROOM	WINTER 1 MEMBERS/OTHERS	WINTER 2 MEMBERS/OTHERS
Getting Fit	Leslie	6-8 yrs 9-13 yrs	Tuesday	5:30-6:15 PM 6:30-7:15 PM	Multi-Purpose Room/ Youth Fitness Center	\$37/\$74	\$37/\$74
Basketball Fundamentals	Chrissy	5-7 yrs 8-10 yrs 11-13 yrs	Wednesday	5:30-6:15 PM 6:30-7:15 PM 7:30-8:15 PM	Gym Court 2	\$37/\$74	

FAMILY PROGRAMS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBERS/OTHERS
Birthday Party Rentals	Ed	Members Only	Saturdays Sundays	2:00-5:00 PM	\$350 Members Only (Includes \$100 Security Deposit)

SPECIAL EVENTS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE MEMBERS/OTHERS
Holiday Challenge Maintain No Gain	Larry	14+	Nov 17-Jan 10	All Day	Free Members Only

CERTIFICATION/JOB TRAINING

NAME OF PROGRAM	STAFF	AGE	LOCATION	DAY/TIME	REGISTRATION FEE MEMBERS/OTHERS
Basic Life Support provided by HSI	Kelsey	14+	Mon Jan 19 Central* Mon Feb 16 Davis* Sat Mar 14 Davis*	Jan 19* 9:00 AM-12:00 PM Feb 16* 5:00 PM-8:00 PM Mar 14* 9:00 AM-12:00 PM	\$75 Must complete online training before attending
Adult First Aid provided by HSI	Kelsey	14+	Mon Jan 19 Central* Tue Feb 17 Davis* Sat Mar 14 Davis*	Jan 19* 2:00 PM Feb 17* 5:00-8:00 PM Mar 15* 9:00-2:00 PM	\$50 Must complete online training before attending
Lifeguard Training	Kelsey	15+	Fri/Sat/Sun January Class: 1/9-1/18 Fri/Sat/Sun March Class: 3/20-3/29	January Class: 1/9-1/18 Fri. 4:30-9:00 PM Sat. 8:30 AM-4:00 PM Sun. 1:00 PM-5:30 PM March Class: 3/20-3/29 Fri. 4:30-9 PM Sat. 8:30 AM-4:00 PM Sun. 1:00 PM-5:30 PM	\$175 (\$200 if registering within 7 days of the training)

DAVIS STAFF CONTACT INFORMATION

NAME	PHONE	EMAIL
Adele Taylor	330 480 5657	ataylor@youngstownymca.org
Chrissy Flasher	330 480 5658	cflasher@youngstownymca.org
Ed Metzinger	330 480 5665	emetzinger@youngstownymca.org
Jenna Benson	330 480 5656 Ext 250	jbenson@youngstownymca.org
Kelsey Lyda	330 480 5661	klyda@youngstownymca.org
Larry Jensen	330 480 5659	ljensen@youngstownymca.org
Leslie Summers	330 480 5656 Ext 271	lsummers@youngstownymca.org
Suzanne Gray	330 480 5656 Ext 247	sgray@youngstownymca.org