

DAVIS LAP POOL

HOLIDAY

Effective: December 1 - January 3

	MON	TUE	WED	THU	FRI	SAT	SUN
5:00	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM		
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00	WATER FITNESS 9:00-9:45 AM	AQUAROBICS 9:00-9:45 AM	WATER FITNESS 9:00-9:45 AM	AQUAROBICS 9:00-9:45 AM	WATER FITNESS 9:00-9:45 AM	LAP SWIM 7:00 AM - 12:00 PM	
9:30	LAP SWIM 9:45-10:40 AM		LAP SWIM 9:45-10:40 AM		LAP SWIM 9:45-10:40 AM		
10:00		HYDRO BLAST 10:00-10:30 AM		HYDRO BLAST 10:00-10:30 AM			
10:30							
11:00	WATER FITNESS 10:40-11:25 AM	ACTIVE OLDER ADULT WATER FITNESS 10:40-11:25 AM	WATER FITNESS 10:40-11:25 AM	ACTIVE OLDER ADULT WATER FITNESS 10:40-11:25 AM	WATER FITNESS 10:40-11:25 AM		
11:30	OPEN SWIM						
12:00							
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00							
5:30							
6:00			OPEN SWIM		OPEN SWIM	OPEN SWIM 12:00 PM - 6:00 PM	OPEN SWIM 12:30 PM - 6:00 PM
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
	AQUA BOOT CAMP 7:30-8:15 PM	MASTERS SWIM 6:30-8:00 PM	AQUA BOOT CAMP 7:30-8:15 PM	MASTERS SWIM 6:30-8:00 PM			
	OPEN SWIM 8:15-9:00 PM	OPEN SWIM 8:00-9:00 PM	OPEN SWIM 8:15-9:00 PM	OPEN SWIM 8:00-9:00 PM			

- During Lap Swim, at least 4 lanes will be available.
- During Open Swim and Programming, at least 1 lane will be available.
- Lane sharing is encouraged, bur circle swimming prevails.
- The lifeguards clear the pool every hour, children under the age of 18 must exit the pool for 10 minutes for pool check.
- It is recommended that everyone showers before using the pool facilities. Thank you!