



What's Happening in January

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HOLIDAY HOURS:				1	2	3
New Year's Eve Dec 31 New Year's Day Jan 1			5am- 12 PM CLOSED	CLOSED NEW YEAR'S DAY (C&D)	HOLIDAY CHALLENGE WEIGH OUT JAN 2-12 (C & D) *OFF SCHOOL (D)	
4	5 *WINTER 1 PROGRAMS BEGIN (C & D) GRINDHEAD COFFEE (D)	6 *KITCHEN CHAT (D)	7 HOT TUB CLOSURE (D)	8	9	10 LES MILLS BODY PUMP 10 YEAR Y ANNIVERSARY (D)
← HOLIDAY CHALLENGE WEIGH OUT JAN 2-12				HOLIDAY CHALLENGE WEIGH OUT JAN 2-12 →		
11	12 FINAL WEIGH OUT DAY (C & D) GRINDHEAD COFFEE (D)	13	14	15	16 *OFF SCHOOL (C & D)	17 *BASKETBALL LEAGUE BEGINS (C)
18	19 *OFF SCHOOL (C & D) GRINDHEAD COFFEE (D)	20	21	22	23 POSTSCRIPT ART INTAKE (D)	24 POSTSCRIPT ART INTAKE (D)
25	26 *OFF SCHOOL (C) STEPPING OUT (D) WALK WITH A DOC (D) GRINDHEAD COFFEE (D)	27	28	29	30	31

*Registration Required. C= Central Y D= Davis Y For more information about any events or programs visit our website. YMCAyo.org

YMCA of Youngstown
NEW YEAR'S HOURS

New Year's Eve
5 AM - 12 PM

New Year's Day
CLOSED

the y YOUNG STOWN Y.M.C.A. 1000 W. BROAD ST. YOUNG STOWN, OH 44444

*Davis 24/7 • See service desk for free account upgrade

EXPLORE. SHARE. CONNECT!

JOIN OUR NEW INTERNATIONAL CLUB!

Whether you're new to the area, a long-time resident, or anywhere in between, YOU can help launch our new International Club! The I-Club welcomes ANY adult interested in exploring cultures, sharing food and stories, and building connections across our community.

LET'S CELEBRATE THE WORLD, TOGETHER!

Contact **SUZANNE GRAY** at sgray@youngstownymca.org to help shape this vibrant new group!

RING IN 2026 WITH WATER SAFETY!

WINTER 1 SWIM LESSONS

Registration Happening NOW • Lessons begin JANUARY 5, 2026

CENTRAL YMCA 330-744-8411 DAVIS FAMILY YMCA 330-480-5656

the y Group • Private • Family • Adaptive Swim Lessons Available for All Ages YMCayo.org

LITTLE LEARNERS

Get your 2-3 year old ready for preschool! Our Little Learners program offers toddlers and their caregiver play time, crafts, stories, circle time songs and calendar, and swim time once a week.

TUESDAYS & THURSDAYS 10:30 AM-12:30 PM
MEMBERS \$37 • NON-MEMBERS \$74

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DATE	DAY	TIME	EVENT	RR	LOCATION
1	Thur	All Day	Closed for New Year's Day		Both
2-12	Fri-Mon	All Day	Holiday Challenge Weigh Out		Both
2	Fri	9:00 AM-4:00 PM	Off School	RR	Davis-YLC
6	Tue	10:00 AM-12:00 PM	Kitchen Chat: Penny Pinchers Fashion Show	RR	Davis-TR
10	Sat	7:15 AM & 9:30 AM	Celebrating 10 Years of Les Mills Body Pump at the Y		Davis
5	Mon	ALL DAY	Winter 1 Programs Begin	RR	Both
5	Mon	6:00 AM-6:00 PM	Grindhead Coffee Ship available at the Y		Davis
7	Wed	ALL DAY	Hot Tub Closed for Deep Cleaning (Reopens 1/8)		Davis
10	Sat	ALL DAY	Celebrating 10 Years of Les Mills Body Pump at the Y		Davis
12	Mon	6:00 AM-6:00 PM	Grindhead Coffee Ship available at the Y		Davis
12	Mon	ALL DAY	Final Day to Weigh Out for the Holiday Challenge		Davis
16	Fri	9:00 AM-4:00 PM	Off School	RR	BOTH
17	Sat	VARIES	Winter Basketball League Begins	RR	Central-G
19	Mon	9:00 AM-4:00 PM	Off School	RR	BOTH
19	Mon	6:00 AM-6:00 PM	Grindhead Coffee Ship available at the Y		Davis
23	Fri	2:00-5:00 PM	Postscript Art Intake		Davis
24	Sat	10:00 AM-12:00 PM	Postscript Art Intake		Davis
26	Mon	6:00 AM-6:00 PM	Grindhead Coffee Ship available at the Y		Davis
26	Mon	9:00 AM-4:00 PM	Off School	RR	Central
26	Mon	10:00 AM-12:00 PM	Stepping Out		Davis
26	Mon	12:00-1:00 PM	Walk With A Doc		Davis

- RR = Registration Required • MPR = Multipurpose Room • PR= Preschool Room • CF = Conference Room
- TR = Training Room • L = Lobby • YLC= Youth Learning Center • GE = Group Exercise Studio • G = Gym
- APC = Athletic Performance Center • AS= Art Studio