



# SUMMER MONTHLY PROGRAM REGISTRATION - CENTRAL YMCA

SUMMER: SESSIONS: JUNE 1- 31

JULY 1- 31

AUGUST 1-31

MEMBER REGISTRATION: MAY 4

NON- MEMBER REGISTRATION: MAY 11

## SWIM LESSONS

NAME OF CLASS	STAFF	AGE	DAY	TIME	MONTHLY FEE MEMBERS/OTHERS
Swim Starters-Parent/Child A Water Discovery B: Water Exploration	Lou	6-36mos	Thursday	5:30 -6:00pm	\$25/\$50
Swim Basics-Preschool 1: Water Acclimation	Lou	3-5yrs	Monday Wednesday	4:00-4:40pm 4:45-5:25pm	\$25/\$50
Swim Basics-Preschool 2: Water Movement	Lou	3-5yrs	Monday Wednesday	4:00-4:40pm 4:45-5:25pm	\$25/\$50
Swim Basics-Preschool 3: Water Stamina	Lou	3-5yrs	Monday	4:00-4:40pm	\$25/\$50
Swim Basics-Youth 1: Water Acclimation	Lou	6-12yrs	Monday Wednesday	4:45-5:20pm 4:00-4:40pm	\$25/\$50
Swim Basics-Youth 2: Water Movement	Lou	6-12yrs	Monday Wednesday	4:45-5:20pm 4:00-4:40pm	\$25/\$50
Swim Basics-Youth 3: Water Stamina	Lou	6-12yrs	Monday Wednesday	4:45-5:25pm 4:00-4:40pm	\$25/\$50
Swim Basics- Youth 4: Stroke Introduction	Lou	6-12yrs	Monday Wednesday	4:45-5:20pm 4:00-4:40pm	\$25/\$50
Swim Basics- Youth 5: Stroke Development	Lou	6-12yrs	Monday Wednesday	4:45-5:20pm 4:00-4:40pm	\$25/\$50
Swim Basics- Youth 5: Stroke Mechanics	Lou	6-12yrs	Monday Wednesday	4:45-5:20pm 4:00-4:40pm	\$25/\$50
Teen/Adult- Swim Basics Teen/Adult- Stroke Mechanics	Lou	13+	Thursday	6:05-6:45pm	\$25/\$50

## AQUATIC SPECIALITY PROGRAMS

NAME OF CLASS	STAFF	AGE	DAY	TIME	MONTHLY FEE Members/ Others
DAASL for children with Special Needs Guided Growth	Lou	6-12yrs	Thursday	5:30- 6:00pm	\$25/\$50
DAASL: 1 ON 1	Lou	6-12 yrs	Thursday	6:05- 6:45 pm	\$25/\$50

## AQUATIC SPECIALITY PROGRAMS CONTINUED

**\*Summer Skills and Drills is not Monthly Registration the program runs June 1 – August 14**

NAME OF CLASS	STAFF	AGE	DAY	TIME	REGISTRATION FEE	
					Member	Others
Summer Skills and Drills Group 1 Beginner	Lou	6-18	Monday Tuesday Thursday	4:45-5:54pm	\$75	\$100
Summer Skills and Drills Group 2 Intermediate	Lou	6-18	Monday Tuesday Thursday	5:30-6:30pm	\$75	\$100
Summer Skills and Drills Group 3 Advanced	Lou	6-18	Monday-Friday (Location Varies)	Varies	\$150	\$200

## HEALTH & WELLNESS

NAME OF CLASS	STAFF	AGE	DAY	TIME	REGISTRATION FEE	
					Member	Others
Personal Training (1 Person) or (2 People)	Carl	14 +	Participant's Choice	Schedule with Trainer	1 Person	1 Session \$35/\$55
						4 Sessions \$133/\$209
						8 Sessions \$252/\$396
						12 Sessions \$357/\$561
					2 People	1 Session \$30/\$50 each
						4 Sessions \$114/\$190 each
						8 Sessions \$216/\$360 each
						12 Sessions \$306/\$510 each

## ATHLETIC PERFORMANCE CENTER PROGRAMS

NAME OF CLASS	STAFF	AGE	DATES	TIME	MONTHLY FEE	
					Members	Others
Jump Stretch	Carl	10+	Mon or Wed Tues or Thurs Saturday	10:30-11:30am 5:15-6:15pm 10:30-11:30am	\$10	\$44 per chosen day

## SPORTS & REC PROGRAMS

NAME OF CLASS	STAFF	AGE	DATES	TIME	MONTHLY FEE Member/Others
Recreational Volleyball	Mike	14+ CO-ED	Sundays Thursdays	2:30-5:00PM 12:00 PM	Free/ \$5.00
Basketball Clinics	Mike	6-15 yrs.	Mon/ Wed/Thurs Tues/Fri	Beginners 6:00pm-7:00pm Competitive 7:00pm-8:00pm	Registration Required* Free to members/\$50 per month or \$11 per day
*NEW* Speed and Agility Training Clinic	Mike	6-10yrs	Tues/Fri	6:00-7:00p	\$11 per session/ \$50 per month

## FACILITY RENTALS

NAME OF PROGRAM	STAFF	AGE	DAY	TIME	REGISTRATION FEE Member/Others
Birthday Party Rentals	Lou	All	Saturdays	Varies	\$250 (Plus \$100 Security Deposit) Visit YMCAyo.org for add-on options
Room Rentals	Lou	All	Varies	Varies	Starting at \$100 per hour Plus Security Deposit Call 330-742-4791 for availability

## **CONTACT INFORMATION:**

<b>Lou Grieco</b>	<b>330-742-4791 lgrieco@youngstownymca.org</b>
<b>Mike Brown</b>	<b>330-744-8411 ext.125 mbrown@youngstownymca.org</b>
<b>Kelsey Manley</b>	<b>330-742-4792 kmanley@youngstownymca.org</b>
<b>Kelsey Lyda</b>	<b>330-480-5655 klyda@youngstownymca.org</b>
<b>Erica McElroy</b>	<b>330-744-8411 ext.139 emcelroy@youngstownymca.org</b>
<b>Carl LaRosa</b>	<b>330-744-8411 ext.152 clarosa@youngstownymca.org</b>
<b>Larry Jensen</b>	<b>330-480-5656 ext.219 ljensen@youngstownymca.org</b>