



What's Happening in July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DAVIS OUTDOOR POOL MON-FRI 7:00-9:00 AM (Adult Lap Swim) MON-FRI 11:00 AM-8:00 PM SAT 11:00 AM-6:00 PM SUN 12:30-6:00 PM (Members Only)			1	2 *RED CROSS BLOOD DRIVE (D) *TOUR DE SPIN KICKOFF (C) STARS, STRIPES, & SNACKS (C)	3	4  INDEPENDENCE DAY HOLIDAY HOURS (C & D)
5 HOLIDAY HOURS (C)	6 *LIFEGUARD CLASS BEGINS (C)	7 *GOLF OUTING EARLYBIRD DEADLINE (D) COFFEE TRUCK (D)	8	9	10 NIFTY 250 POOL PARTY (D)	11
12	13	14 COFFEE TRUCK (D)	15	16	17	18
19	20	21	22	23	24	25 ADULT SWIM PARTY CELEBRATION (D) INTERNATIONAL CLUB MEETING (D)
26 THE CAT'S MEOW ART SHOW (D)	27	28	29	30	31	

CENTRAL YMCA

STARS, STRIPES, & SNACKS!

MEMBER & STAFF MINGLER
THURSDAY JULY 2 • 10 AM-2 PM

Enjoy Hot Dogs, Popcorn, Drinks, & Snacks!
FREE to Y Members



SATURDAY JULY 4TH

INDEPENDENCE DAY
HOLIDAY HOURS

Central YMCA • CLOSED July 4th & 5th
Davis Family YMCA • 7 AM-5PM



22nd ANNUAL

 **KICKOFF RIDE**

THURSDAY JULY 2
5:00 PM & 6:00 PM
CENTRAL YMCA

\$10
REGISTRATION REQUIRED



For more information visit our website. YMCAyo.org

*Registration Required.
C= Central Y D= Davis Y

DATE	DAY	TIME	EVENT	RR	LOCATION
2	Thur	5:00 PM or 6:00 PM	Join us for the Annual Tour de Spin Kick Off!	RR	Central
2	Thur	9:30 AM- 2:30 PM	American Red Cross Blood Drive	RR	Davis-MPR
2	Thur	10:00 AM-2:00 PM	Stars, Stripes, & Snacks: Enjoy Snacks & Drinks		Central-L
4	Sat	All Day	Holiday Hours: Central Closed/Davis 7 AM-5 PM Davis: KidZone & Rec Center Closed		Both
5	Sun	All Day	Holiday Hours		Central
6	Mon	Time Varies	Lifeguard Class Begins	RR	Both
7	Tue	All Day	Early Bird Deadline Register your golf team to secure your spot & save \$100 (Event on 8/7)	RR	Davis
7	Tue	9:00 AM-2:00 PM	Travelin Tom's Coffee Truck available at the Y		Davis
10	Fri	5:00-8:00 PM	Nifty 250: Patriotic Family Fun Pool Party		Davis-OP
14	Tue	9:00 AM-2:00 PM	Travelin' Tom's Coffee Truck available at the Y		Davis
25	Sat	6:30-8:30 PM	Adult Swim Party Celebrating Tour de Spin Completion		Davis-OP
25	Sat	11:30 AM-12:30 PM	International Club Meeting		Davis-L
26	Sun	1:00-2:30 PM	Cat's Meow Art Show Opening Reception		Davis-L

- RR = Registration Required • MPR = Multipurpose Room • PR= Preschool Room • CF = Conference Room
- TR = Training Room • L = Lobby • YLC= Youth Learning Center • GE = Group Exercise Studio • G = Gym
- APC = Athletic Performance Center • AS= Art Studio • OP = Outdoor Pool

YMCAyo.org



TEE UP FOR A CAUSE

YMCA OF YOUNGSTOWN • ANNUAL FUNDRAISER

14TH ANNUAL GOLF OUTING

FRIDAY AUGUST 7 • 8AM
KNOLL RUN GOLF COURSE



REGISTER BY TUESDAY JULY 7
FOR EARLY-BIRD PRICING!

100% OF THE PROCEEDS GO TO STRENGTHENING THE FOUNDATIONS OF OUR COMMUNITY!

RIDE THE TOUR!

22nd ANNUAL



the Y
YMCAyo.org

REGISTER TODAY!

the Y
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SUMMER WATER FITNESS

DEEP WATER FITNESS
MON/WED/FRI 7:45-8:30 AM
Outdoor lap pool deep end*
Challenge your body without the impact!

WATER RUNNING w/CORKY
TUES/THURS 7:00-7:45 AM
Outdoor lap pool deep end*
Jump in and experience the benefits for yourself!

*Weather permitting - contact the Y at 330-480-5656 to confirm

the Y
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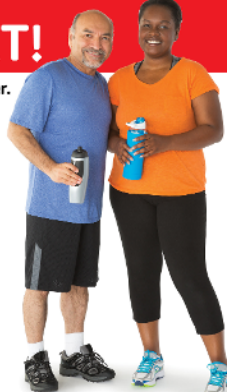
SHARE YOUR HEART!

Give blood at the Davis Family Y and help make lives better, forever.



American Red Cross

All Blood Drive donors with scheduled appointments will receive a T-shirt!




DAVIS FAMILY YMCA
THURSDAY JULY 2 • 9:30 AM-2:30 PM
DAVIS FAMILY Y MULTIPURPOSE ROOM