

DAVIS THERAPY POOL

FALL

EFFECTIVE:OCTOBER 1

	MON	TUES	WED	THU	FRI	SAT	SUN
5:00 AM	INDOOR POOL AREA HOURS: Monday – Friday 7:00 AM – 9:00 PM Saturday 7:00 AM – 6:00 PM Sunday 12:30 PM – 6:00 PM						
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	
7:30 AM	7:00 – 8:30 AM	7:00 – 8:30 AM	7:00 – 8:30 AM	7:00 – 8:30 AM	7:00 – 8:30 AM	7:00 – 9:00 AM	
8:00 AM							
8:30 AM	CLOSED FOR MERCY HEALTH 8:00 AM – 11:30 AM					CLOSED FOR SWIM LESSONS 9:00 AM – 1:00 PM	
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM	**ARTHRITIS M/W/F	**ARTHRITIS Tues/Thur	**ARTHRITIS M/W/F	**ARTHRITIS Tues/Thur	**ARTHRITIS M/W/F		
12:00 PM	11:30 – 12:15 PM	11:30 – 12:15 PM	11:30 – 12:15 PM	11:30 – 12:15 PM	11:30 – 12:15 PM		
12:30 PM	OPEN SWIM 12:15 – 1:00 PM	OPEN SWIM 12:15 – 1:00 PM	OPEN SWIM 12:15 – 1:00 PM	OPEN SWIM 12:15 – 1:00 PM	OPEN SWIM 12:15 – 1:00 PM		
1:00 PM	CLOSED FOR MERCY HEALTH 1:00 PM – 5:00 PM					OPEN SWIM	OPEN SWIM
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM	OPEN SWIM	SWIM LESSONS 5:00 – 5:45 PM	OPEN SWIM	SWIM LESSONS 5:00 – 5:45 PM	OPEN SWIM		
5:30 PM		*AQUA SCULPT & FLOW 5:45 – 6:30 PM		*AQUA SCULPT & FLOW 5:45 – 6:30 PM			
6:00 PM		OPEN SWIM 6:30 – 8:00 PM		OPEN SWIM 6:30 – 8:00 PM			
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							

- During open swim, must be 18 or older if not accompanied by an instructor.
- Pool is not available during Mercy Health's scheduled times or during programming.
- *Aqua Sculpt & Flow is a free class that is open to all members
- **Arthritis Water Fitness requires registration and is a paid program
M/W/F for 1 month \$27 Members / \$54 Non-members
Tu/Th for 1 month \$19 Members / \$38 Non-Members

- It is recommended that everyone showers before using the pool facilities. Thank you!

UPDATED: 10.5.26